SUMMIT
STUDY GUIDES

LCSW

ASWB Clinical Practice Exam

Exam 4

122 Questions • Two sections of 61

ASWB Clinical exam format from August 3, 2026 • Original practice questions

Values and Ethics 36% • Assessment and Planning 32% • Intervention and Practice 32%

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How to Use This Material

This practice exam has 122 questions in two sections of 61, like the current ASWB Clinical exam, with questions from all three content areas mixed together. Some questions have three options and some have four. Allow 2 hours per section with an optional break between sections, and choose the single BEST answer for every question. Then check your work against the separate answer key, fill in the score sheet at the end of the key, and read every explanation, including for the questions you got right. Log each miss with its question pattern and distractor family (Chapter 2 of the book).

LCSW Practice Exam 4

122 questions • 2 sections of 61 • Answer key and explanations in the separate Answer Key file
Choose the single BEST answer. Allow 2 hours per section.

Section 1 Questions 1-61

1. A family services agency is serving a growing number of families who resettled from Myanmar, including Karen, Chin and Rohingya families. The program director asks a clinical social worker for the BEST way to apply cultural humility at the agency level.

- **A.** Form an advisory group of community members to review services and give ongoing feedback
- **B.** Hold a one-time staff training that describes the cultural traits of families from Myanmar
- **C.** Hire one staff member from Myanmar to handle the cases of all families from that region
- **D.** Translate the agency's current brochures and keep the service model as it is

2. Ezra, 35, a night-shift data clerk, has long been seen as odd. He believes he can sometimes sense others' thoughts, wears heavy mismatched layers in summer, speaks in vague, overelaborate ways, and has no close friends because people make him uneasy even when he knows them well. He has not had hallucinations or fixed delusions, and this pattern has been stable since his teens. What is the MOST likely diagnosis?

- **A.** Delusional disorder
- **B.** Schizotypal personality disorder
- **C.** Schizoid personality disorder
- **D.** Schizophrenia

3. At 9 a.m. at a substance use treatment center, a supervisor notices that Carl, a counselor, smells strongly of alcohol, is slurring his words, and is about to lead a group. He says he is fine. What should the supervisor do FIRST?

- **A.** Let Carl lead the group while she observes, then discuss her concerns with him afterward
- **B.** Remove Carl from client contact for the day and follow the agency's impairment policy
- **C.** Ask Carl about stressors in his life that might explain his drinking
- **D.** Report Carl to the state licensing board for practicing while impaired

4. After four crisis sessions following a carjacking, Inés, 31, has returned to work, is sleeping better, and is using the coping plan she and the social worker developed. She agrees the crisis has eased. What should the social worker do NEXT?

- **A.** Begin trauma-focused therapy to prevent post-traumatic stress disorder
- **B.** Explore childhood experiences that may have made her more vulnerable
- **C.** Arrange a follow-up contact in a few weeks to check on her progress
- **D.** Close the case, since she has returned to her usual functioning

5. Marisela, 33, had a miscarriage eight days ago. She calls a community agency saying she feels overwhelmed, has not returned to work, and 'can't think straight.' She has no history of mental health treatment and denies thoughts of harming herself. The agency offers a crisis service this week or a spot in weekly outpatient therapy in six weeks. Which option is BEST?

- **A.** Place her on the waitlist for weekly outpatient therapy
- **B.** Recommend a medication evaluation to help her concentrate
- **C.** Offer crisis sessions this week, while she is most open to help
- **D.** Refer her to a perinatal loss support group that meets monthly in town

6. During an intake at a family agency, a social worker told a client that the sliding fee scale starts at $10 per session. Afterward she checks the policy and sees that the lowest fee is $20. The client has a second appointment next week. What should the social worker do?

- **A.** Ask the billing office to quietly charge the client $10 per session without mentioning the mistake
- **B.** Wait to see whether the client raises the fee question before addressing it
- **C.** Tell the client about the error at the next contact and give her the accurate fee information

7. Marguerite, 60, has seen a social worker for a year. She lost her pension and says she cannot afford her $40 copay. The worker's contract with her insurer permits waiving copays in individual cases of documented financial hardship. What is the BEST course of action?

- **A.** Refer Marguerite to a low-cost clinic so that she can afford ongoing treatment
- **B.** Raise the amount billed to the insurer to make up for the copay
- **C.** Continue charging the copay and let Marguerite build a balance
- **D.** Document her hardship and waive the copay under the contract's terms

8. A county health department reviews emergency room and overdose data by zip code and decides, with input from public health experts, where to place new naloxone vending machines. This approach BEST reflects which community practice model?

- **A.** Locality development
- **B.** Social planning
- **C.** Social action

9. Thirteen months after her son's death, Mrs. Castellanos, 58, still wears black, visits his grave weekly, keeps a home altar with his photo, and cries when she speaks of him. She works full time, cares for her grandchildren, and enjoys time with her sisters. She says these mourning practices are expected in her family and community, and her sisters agree. How is her presentation BEST classified under DSM-5-TR?

- **A.** Adjustment disorder with depressed mood
- **B.** Prolonged grief disorder
- **C.** Uncomplicated bereavement
- **D.** Major depressive disorder

10. Mara, 29, sees a social worker for work stress. At intake she completed an intimate partner violence screen, which was negative, and she has not raised her relationship as a concern. The social worker dislikes how Mara's boyfriend talks about money and has brought up 'whether this relationship is good for you' in three sessions. Mara now changes the subject each time. What should the social worker do?

- **A.** Return to the goals Mara set and leave the relationship for her to raise
- **B.** Ask Mara directly why she keeps avoiding conversations about her boyfriend
- **C.** Invite the boyfriend to a session to observe how the couple interacts
- **D.** Repeat the intimate partner violence screen at the next session

11. Destiny, 20, a nursing student working night shifts, reports three weeks of feeling jittery, restless, and anxious, with a racing heart and trouble sleeping. She began drinking four or five energy drinks a day about a month ago to stay awake. She had no anxiety problems before that, and her symptoms ease on days off when she drinks less. What is the MOST likely diagnosis?

- **A.** Caffeine-induced anxiety disorder
- **B.** Generalized anxiety disorder
- **C.** Panic disorder

12. By the sixth session of a group for teens in foster care, members call the group "my family," share personal stories freely, and some compete for the leader's attention the way siblings might. In Garland, Jones, and Kolodny's model, the group is in which stage?

- **A.** Power and control
- **B.** Differentiation
- **C.** Intimacy

13. A college counseling center social worker meets several students in one week. Which situation is BEST classified as a developmental crisis?

- **A.** A sophomore whose dorm burned down, destroying her belongings
- **B.** A senior panicking about graduating and leaving home
- **C.** A first-year student whose father died suddenly of a heart attack
- **D.** A junior injured in a car crash who cannot finish the semester

14. Corinne, 48, has alcohol use disorder and tells her outpatient social worker she wants to cut down to drinking only on weekends rather than stop completely. She takes no opioids, her recent liver tests were normal, and she plans to ask her physician about medication next week. Which medication is MOST consistent with her goal for the social worker to mention?

- **A.** Disulfiram
- **B.** Naltrexone
- **C.** Acamprosate

15. A surgeon asks a hospital social worker to have Mrs. Lindqvist, 77, sign the consent form for her hip surgery tomorrow, saying, "She trusts you, and I've already explained everything." When the social worker visits, Mrs. Lindqvist says she does not understand what the surgery involves. What should the social worker do?

- **A.** Explain the surgery to her using the information on the consent form, then get her signature
- **B.** Tell the surgeon that Mrs. Lindqvist needs the procedure explained again before she signs
- **C.** Ask her daughter to sign the form on her behalf
- **D.** Get her signature, since the surgeon has already explained the procedure

16. At 1:30 p.m., a high school social worker is shown a post by Priyanka, 14, that reads 'tonight's the night, goodbye everyone' above a photo of a pill bottle. Priyanka is in her math class. District protocol requires a risk assessment and parent notification before the end of the day for any suicide-related concern. What should the social worker do FIRST?

- **A.** Have Priyanka brought to a supervised space and assess her
- **B.** Call her parents and ask them to come pick her up from school right away
- **C.** Ask her friends what else she has said about the post
- **D.** Report the post to the platform so it can be taken down

17. Hail destroyed Wendell Pike's entire wheat crop last week. Wendell, 58, comes to a rural behavioral health clinic and says he needs help with crop insurance forms. While talking, he mentions he has been 'cleaning my rifles a lot lately' and that his family 'would manage fine without me.' What should the social worker do NEXT?

- **A.** Refer him to the county farm services office to apply for disaster assistance
- **B.** Validate the loss of his crop and explore how he is feeling about it
- **C.** Ask directly about suicidal thoughts, intent, plan, and access to his rifles
- **D.** Help him list the documents the crop insurance claim will require

18. Renata, 23, tells her counselor that with each new partner she takes on his music tastes, religious views, and career plans; after each breakup she 'has no idea what I actually like.' She has had four relationships in two years. From Erikson's perspective, which formulation is MOST accurate?

A. She has resolved identity and is working through intimacy versus isolation in the expected way
B. She is showing generativity by putting her partners' needs and interests ahead of her own wishes
C. Unfinished identity work is limiting her capacity for intimacy, so closeness turns into merging
D. Early mistrust has fixed her development, since earlier stages cannot be reworked in adulthood

19. Mr. Osei, 84, wants to return home after a fall, but the team believes he needs nursing home care. A resident asks the social worker to "do a capacity evaluation" so the team can override his choice. Hospital policy assigns capacity determinations to the attending physician, often with psychiatry consultation. What should the social worker do?

A. Share her psychosocial findings with the team and direct the capacity question to the attending
B. Explain to Mr. Osei that the team will decide his placement
C. Urge the team to accept his choice without a capacity review
D. Complete a cognitive screen and document whether he has capacity

20. Valeria, 33, a transgender woman, arrives at an emergency homeless shelter at night. Shelter policy assigns beds by the sex listed on a person's ID, and staff have told her she must sleep in the men's dorm. Valeria says she would feel unsafe there and asks for a bed in the women's dorm. The shelter social worker is on duty. What should the social worker do FIRST?

A. Place Valeria in a private room apart from both dorms to protect her safety
B. Advocate with the supervisor for a women's dorm bed tonight, then raise the policy for review
C. Explain the policy to Valeria and help her find another shelter whose rules would place her with women
D. Help Valeria file a discrimination complaint with the local human rights office

21. Mr. Kowalczyk, 77, was referred for depression after his wife's death five months ago. He tells the social worker that all he wants help with is transferring his wife's pension so he can pay his property taxes. The worker's assessment found depressed mood and poor sleep; he denies thoughts of death or suicide. He declines to talk about his feelings. Which response is BEST?

A. Ask him to complete a depression scale before working on the pension
B. Explain that treating his depression needs to come before the paperwork
C. Refer the pension issue to a benefits office and focus sessions on grief
D. Help with the pension transfer first while continuing to watch his mood

22. A social worker realizes she feels attracted to Andre, 41, a client she has seen for three months for depression. She has not acted on it, and Andre has made steady progress. She notices she spends more time choosing her clothes on days she sees him. What should she do FIRST?

A. Transfer Andre to another clinician before the feelings begin to affect his care
B. Tell Andre about her feelings so their relationship stays honest
C. Seek consultation about the attraction and monitor its effect on her work
D. Set the feelings aside, since she has not acted on them

23. Which set of findings during a home visit to an older adult who lives alone is MOST consistent with self-neglect?

A. Spoiled food, unpaid utility shutoff notices, and untreated wounds
B. A cluttered spare room and several weeks of unread newspapers by the door
C. Grip-shaped bruises on both upper arms and a caregiver who answers for her
D. A recent fall and a new walker that she uses inconsistently

24. Mr. Fontaine, 84, has moderate Alzheimer's disease and lives in a memory care unit. Staff tell the social worker that since yesterday he drifts in and out of alertness, cannot keep his attention on a conversation, and picks at the air, which is new for him. A nurse mentions that a new bladder medication was started three days ago. His son says, "It's just his dementia getting worse." What should the social worker do FIRST?

- **A.** Make sure his medical provider is notified today for an evaluation
- **B.** Schedule a family meeting about moving him to a higher level of care
- **C.** Complete a standardized cognitive screen to measure the decline
- **D.** Review the son's concerns about his father's worsening dementia

25. A social worker is using Cass's model with Isabel, 52, who recently began identifying as bisexual after two long marriages to men. Isabel describes moving back and forth between feeling proud and wanting to keep her identity private, partly because of how her large extended family might respond. The worker is unsure which stage to assign. What is the BEST guidance from a supervisor?

- **A.** Help Isabel resolve her earlier-stage concerns so she can move steadily toward synthesis
- **B.** Use the model loosely and let Isabel's own account, including her family context, guide the work
- **C.** Assign the stage that fits most of her current statements and build the plan around it

26. Mrs. Begum, 66, speaks Bengali and limited English. She comes to a hospital outpatient clinic for a first counseling appointment with her adult son, who is fluent in both languages and offers to interpret. The clinic has a telephone interpreter service. Mrs. Begum has not stated a preference. What should the social worker do FIRST?

- **A.** Use the professional interpreter service for the consent discussion
- **B.** Let her son interpret, since he is an adult and already knows her history
- **C.** Proceed in English using short sentences and simple words
- **D.** Give her a Bengali consent form to read and sign on her own

27. Which experience is one of the categories measured in the original Adverse Childhood Experiences (ACE) study?

- **A.** Living in a neighborhood with high rates of violence
- **B.** Experiencing bullying by peers at school
- **C.** Growing up in a household below the poverty line
- **D.** Having a household member who was incarcerated

28. In the sixth session of a 12-session CBT plan for panic disorder at a community clinic, Andrea, 36, mentions for the first time that she drinks four to five glasses of wine most nights 'to settle down.' She reports no morning shakes or past withdrawal symptoms. She has been doing her breathing practice and her panic log consistently. What should the social worker do NEXT?

- **A.** Refer Andrea to a substance use program and pause the panic treatment
- **B.** Reassess with Andrea and revise the treatment plan to address her drinking
- **C.** Continue the panic protocol as contracted and revisit the drinking at the final session
- **D.** Point out that she left the drinking out of her intake interview

29. A hospital social worker is planning discharge for Sunita, 39, who has finished five days of medically managed alcohol withdrawal. She is medically stable and says, "I'm detoxed now, so I'm good." What should the social worker do NEXT?

- **A.** Congratulate her and give her a list of local mutual help meetings to attend
- **B.** Schedule a follow-up visit with her primary care doctor in three months
- **C.** Set up a warm handoff to an intensive outpatient appointment this week
- **D.** Repeat the withdrawal risk screening before she leaves the unit

30. The Castillo parents say their 7-year-old's evening tantrums "come out of nowhere." Their strategic family therapist asks them to have their son hold a 10-minute tantrum each evening at 7 p.m. in the living room while the parents time it. Which technique is this?

- **A.** Extinction
- **B.** Prescribing the symptom
- **C.** Enactment
- **D.** Ordeal

31. Under HIPAA, when a provider believes disclosure is needed to prevent a serious and imminent threat to a person's safety, to whom may the provider disclose information?

- **A.** Any family member who asks about the threat
- **B.** A news outlet, so the public can be warned
- **C.** A person reasonably able to prevent or lessen the threat, including the target
- **D.** The client's employer, so that it can closely monitor the client's behavior at work

32. Zainab, 50, has type 2 diabetes and takes a medication that can cause low blood sugar. She tells her social worker she plans to fast from dawn to sunset during Ramadan, which begins in two weeks, and has not told her doctor because she worries he will tell her not to fast. What should the social worker do FIRST?

- **A.** Explain that people with diabetes are excused from fasting under Islamic teaching
- **B.** Suggest she take a lower dose of her medication on fasting days
- **C.** Encourage her to discuss safer fasting with her physician and help her prepare
- **D.** Explore the spiritual meaning the fast holds for her this year

33. Mr. Delgado, 76, lives alone in a rural county after his wife's death. He needs to apply for a prescription assistance program, arrange rides to dialysis, and sort out his late wife's pension paperwork. He says, "Just help me get these things handled, step by step." He reports normal grief without depression. Which approach is BEST?

- **A.** Task-centered practice with agreed tasks and a set time frame
- **B.** Interpersonal psychotherapy focused on grief and role transition
- **C.** Existential therapy exploring meaning after his loss
- **D.** Solution-focused brief therapy to find past successes he can use

34. Tanya Brooks, 44, retired from the Army after 20 years and seeks counseling for insomnia and irritability at a civilian clinic. In the first session she says, "No offense, but civilians don't get it." The social worker has never served. What is the BEST response?

- **A.** Reassure her that the worker's trauma training applies equally well to veterans and civilians
- **B.** Acknowledge she knows military culture better and ask what her service has meant to her
- **C.** Offer to refer her to a Vet Center, where many of the staff are veterans themselves
- **D.** Mention that the worker's father served in the Navy, to show some familiarity with military life

35. Imani Brooks, an LCSW in solo private practice, learns she needs surgery and several months of treatment beginning in three weeks. She has 22 active clients, two of whom have recent histories of self-harm. Her office lease also comes up for renewal next month. What should she do FIRST?

- **A.** Continue sessions as usual and tell clients at their final session to limit distress
- **B.** Mail all clients a letter that lists local providers and gives her expected date of return to practice
- **C.** Ask a trusted colleague to call her clients after the surgery to explain her absence
- **D.** Tell clients now and begin transition planning and referrals, starting with the higher-risk clients

36. In a DBT skills group, Patrice, whose disability claim was denied after two appeals, says, "I keep fighting that it happened, and I'm miserable. I'm going to stop arguing with reality and focus on what I can do next." Which skill is she describing?

- **A.** DEAR MAN
- **B.** Radical acceptance
- **C.** Opposite action
- **D.** Wise mind

37. A social worker has been subpoenaed to testify as a fact witness about her treatment of a client whose disability claim is being contested. The client has signed a written waiver of privilege for this hearing. Which preparation is MOST appropriate?

- **A.** Prepare a written opinion on whether the client should receive the disability benefits he is seeking
- **B.** Review the record, discuss with the client what may be disclosed, and consult agency counsel
- **C.** Meet with the opposing attorney to agree in advance on the questions
- **D.** Remove her personal process notes from the file before the hearing

38. Three months into a new telehealth peer-support program for postpartum mothers, staff hold focus groups and review login data to find out what is working and what to change before the full rollout. What type of evaluation is this?

- **A.** Formative evaluation
- **B.** Summative evaluation
- **C.** Outcome evaluation
- **D.** Cost-benefit analysis

39. During child-directed interaction in PCIT, a father coached through an earpiece says to his 4-year-old, "You're putting the red block on top of the blue one." Which PRIDE skill is he using?

- **A.** Reflection
- **B.** Labeled praise
- **C.** Behavioral description
- **D.** Imitation

40. Terrence, 35, is in court-ordered outpatient substance use treatment and signed a release for the program to send his probation officer his attendance, participation, and drug screen results. In the second session he asks, "So does my PO hear everything I say in here?" What is the BEST response?

- **A.** Tell him probation can request his full record at any time
- **B.** Reassure him that nothing at all goes to his probation officer unless he approves it each time
- **C.** Explain what the release covers and that other session content stays private
- **D.** Suggest he ask his probation officer what the court receives

41. Under HIPAA, how long does a covered provider generally have to act on a client's request for a copy of his or her records?

- **A.** 30 days, with one 30-day extension if the client is told in writing
- **B.** 10 business days, with no extensions permitted
- **C.** 90 days, or longer when the records are stored at an off-site facility

42. After she was not accepted into a competitive MSW advanced-standing program, Kiara tells her counselor that the program "was overrated anyway, the commute would have been terrible, and I'd rather work for a year first." Two weeks earlier she described the program as her dream. Which defense is she MOST likely using?

A. Denial
B. Intellectualization
C. Rationalization

43. Since his parents' divorce two months ago, Tyler, 15, has skipped school several times and spray-painted the wall of his school's gym. Before the divorce he had no disciplinary problems. He has not been aggressive toward people or animals, stolen, or lied to obtain things, and his mood has been mostly steady. What is the MOST likely diagnosis?

A. Oppositional defiant disorder
B. Adjustment disorder with mixed disturbance of emotions and conduct
C. Adjustment disorder with disturbance of conduct
D. Conduct disorder, adolescent-onset type

44. Bernard, 49, has drunk about 12 beers a day since he was laid off five months ago. For the past three weeks, he has had depressed mood, poor sleep, low energy, guilt, and poor concentration. He was sober for two years before the layoff and had no depressive symptoms during that time or at any other point when sober. What is the MOST likely diagnosis?

A. Major depressive disorder
B. Adjustment disorder with depressed mood
C. Persistent depressive disorder
D. Alcohol-induced depressive disorder

45. Wesley, 36, moved across the country at 22 and has not spoken to his parents in fourteen years. He says, "I don't think about them; that chapter is closed." His partner reports that Wesley becomes furious whenever her parents offer advice, and he cannot explain why. Which Bowen concept BEST describes his relationship with his parents?

A. Emotional cutoff
B. Differentiation of self
C. Sibling position

46. Grace, 34, asks her social worker whether she will lose custody of her children if she moves to another state for a job. What is the BEST response?

A. Tell her what courts usually decide when a parent relocates for work
B. Advise her to wait to move until after the current custody order is reviewed
C. Explain that it is a legal question and help her reach a family law attorney

47. Tyrell, 34, will be released from jail next week after nine months without opioid use. Before his arrest he injected heroin daily. He tells the reentry social worker he plans to stay clean but 'might use once to celebrate.' What is the MOST important step before his release?

A. Refer him to a 12-step meeting near his new address
B. Teach overdose risk, give naloxone, and link him to MOUD
C. Assess his readiness to change using a motivational interview before he is released
D. Help him secure stable housing and a job before release

48. A pediatric hospital social worker learns that Aubrey, 3, has had 11 admissions for unexplained vomiting. Nurses found a bottle of ipecac in her mother's bag, and the vomiting stops whenever the mother is away. The mother appears devoted and enjoys the attention of the medical team. State law requires a report when there is reasonable cause to suspect child abuse. What should the social worker do FIRST?

- **A.** Wait until toxicology testing confirms the cause
- **B.** Ask the mother privately to explain the ipecac
- **C.** Make a report to child protective services
- **D.** Refer the mother for a psychiatric evaluation

49. Kendra, 40, asks her social worker for a complete copy of her record. The worker keeps a progress-note chart and, in a separate locked file, personal notes analyzing the content of their sessions. State law gives clients no access rights beyond HIPAA. How should the worker respond?

- **A.** Deny the whole request, because reading mental health records may upset Kendra
- **B.** Provide a written treatment summary in place of the chart
- **C.** Provide the chart and the separate notes, since clients have a right to see all records kept about them
- **D.** Provide the chart and explain that her separate session-analysis notes are excluded

50. Over the past year, Julian, 31, has used cannabis daily. He has tried several times to cut back without success, spends most evenings using, has stopped playing in his weekend soccer league, and now needs much more to get the same effect. He keeps his job, has no relationship conflict about his use, and reports no withdrawal symptoms or cravings. What is the MOST accurate diagnosis?

- **A.** Cannabis use disorder, mild
- **B.** Cannabis use disorder, severe
- **C.** Cannabis intoxication
- **D.** Cannabis use disorder, moderate

51. A diagnostic report states that a 5-year-old has autism spectrum disorder with social communication rated at Level 2 and restricted, repetitive behaviors rated at Level 1. What does this tell the social worker?

- **A.** Level 2 means he will likely need very substantial support across most settings
- **B.** His overall severity equals the higher of the two ratings, so he is considered Level 2 overall
- **C.** The Level 2 rating indicates that he also has an intellectual impairment
- **D.** Severity is rated separately by domain, and he needs more support for social communication

52. Two nonprofit counseling agencies are merging, and staff have heard rumors that some positions will be cut. The new executive director does not yet know which positions, if any, will change. What is the BEST way to address staff anxiety?

- **A.** Share what is known and unknown, with a timeline and regular updates
- **B.** Hold off on communicating until final staffing decisions have been made
- **C.** Assure staff that no positions will be cut so they can stay focused on their clients

53. Darnell, 34, a veteran with PTSD, tells his VA social worker that he read about prolonged exposure and does not want to "relive it out loud" with a therapist. The social worker knows prolonged exposure has strong research support for his symptoms. Which response BEST reflects evidence-based practice?

- **A.** Encourage him to try prolonged exposure first, since it has the strongest research base for PTSD
- **B.** Offer supportive counseling, since his stated preference outweighs the research on PTSD treatments
- **C.** Review other well-supported options, such as cognitive processing therapy, and decide together
- **D.** Refer him to a specialist who can explain why exposure is the recommended first-line treatment

54. Which treatment has the strongest evidence for stimulant use disorder, such as methamphetamine or cocaine use?

- **A.** Buprenorphine with weekly counseling
- **B.** Disulfiram with a mutual help group
- **C.** Naltrexone with motivational interviewing
- **D.** Contingency management, often combined with CBT

55. In a caregiver support group, the facilitator asks Gabriela, the only Latina member, 'How do Latino families usually handle caring for aging parents?' Gabriela answers briefly and looks uncomfortable, and another member changes the subject. What should the facilitator do NEXT?

- **A.** Ask the other members to share how caregiving works in their own cultural backgrounds
- **B.** Speak privately with Gabriela after the group to apologize for the question
- **C.** Continue with the new topic to avoid drawing more attention to Gabriela
- **D.** Own the question as a misstep in the group and note that members speak for themselves

56. Talia, 29, tells a telehealth social worker that she is flooded with images of having hit a pedestrian while driving and that she retraces her route repeatedly. She says, "I know it almost certainly didn't happen, but I can't shake it." She has no history of psychosis. How should the social worker classify this thought content?

- **A.** A delusion, because the belief persists despite evidence
- **B.** An obsession, because she sees the thought as likely untrue and unwanted
- **C.** An overvalued idea, because she holds the belief with less than full conviction
- **D.** A hallucination, because she sees images of the accident

57. Grace's mother tells a pediatric clinic social worker that Grace, 8 months, now cries when her aunt holds her and wails when her mother leaves the room, though a month ago she went to anyone. Her mother worries Grace is 'getting spoiled.' Which response is BEST?

- **A.** Refer Grace for an evaluation of separation anxiety, since the change came on so suddenly
- **B.** Suggest that relatives hold her more often so she gets used to new people and the wariness fades
- **C.** Recommend that her mother slip out of the room quietly so Grace does not notice her leaving
- **D.** Explain that stranger wariness and separation protest are expected signs of a growing attachment

58. A social worker at a group practice learns that Mr. Tran's insurance will stop covering sessions after next week. He is midway through trauma-focused treatment, reports moderate symptoms, and cannot afford the full fee. What should the social worker do FIRST?

- **A.** Discuss the change with him and review options such as a reduced fee, appeal, or referral
- **B.** Continue seeing him without charge until his treatment is complete
- **C.** Schedule a final session for next week and give him a list of low-cost community clinics nearby

59. Staff at a homeless shelter ask the social worker to see Mr. Gallo, 55, a heavy daily drinker who has had no alcohol for three days because the shelter bans it. He is sweating, shaking, picking at things in the air, and does not know where he is. What should the social worker do FIRST?

- **A.** Have staff let him rest in a quiet room and check on him hourly
- **B.** Complete a full substance use assessment while he is not drinking
- **C.** Call emergency medical services
- **D.** Arrange a detox bed for him for tomorrow morning

60. A narrative therapist working with the Abara family asks, "How has the Yelling affected your mornings? What has it convinced each of you about the others? Where has it gotten the upper hand?" The therapist is MOST directly:

- **A.** searching for exceptions to build a solution
- **B.** identifying the family's communication stances
- **C.** forming a structural map of family boundaries
- **D.** mapping the influence of the problem on the family

61. Renata, 29, decided with her social worker to stop answering her adult brother's late-night calls asking for money. In the first week after she stopped answering, his calls went from two a night to about ten, and he left long voicemails. Renata asks whether the plan is failing. Which concept BEST explains the change?

- **A.** Spontaneous recovery
- **B.** Negative reinforcement
- **C.** Extinction burst

Section 2 Questions 62-122

62. In a first telehealth session, Kendra, 35, a Black nurse, tells her White social worker, 'I almost canceled. I'm not sure a White therapist can understand what my job is like right now.' She does not ask for a different clinician. What is the BEST response?

- **A.** Assure her that the worker has seen many Black clients and has training in cultural competence
- **B.** Offer to refer her to a Black clinician in the practice
- **C.** Explore what in her past experiences with White providers led to this concern
- **D.** Thank her for raising it and ask what she would need to see to know she is being understood

63. In an emotionally focused therapy session, Hector says angrily, "She's always at the gym or with her friends. I'm done chasing her." What is the social worker's BEST next response?

- **A.** "Let's look at the evidence. How many evenings did she spend at home last week?"
- **B.** "When she's gone, what happens inside you, underneath the anger?"
- **C.** "What would you like to ask her to do differently starting next week?"
- **D.** "It sounds like you need more interests of your own so you're less focused on her."

64. Which NASW core value is paired with the ethical principle that social workers behave in a trustworthy manner?

- **A.** Importance of human relationships
- **B.** Dignity and worth of the person
- **C.** Integrity
- **D.** Competence

65. In Selye's general adaptation syndrome, which stage follows the alarm reaction when a stressor continues?

- **A.** Exhaustion
- **B.** Resistance
- **C.** Recovery

66. A hospital social worker arranged a complex discharge for Mr. Antwi, 77. His family invites her to dinner at their home "to say thank you." She will continue making follow-up calls to Mr. Antwi for the next month. What should she do FIRST?

- **A.** Thank the family warmly and decline the dinner invitation
- **B.** Accept, since the discharge part of her work is complete
- **C.** Accept, as long as the visit is brief and noted in the chart
- **D.** Ask her supervisor to attend the dinner with her

67. Nadia, 26, an Arab American woman, sought counseling after being harassed by a supervisor at work. In the third session she says, 'You keep asking about my family and my religion. That's not why I'm here.' The social worker had wondered whether her family's views might affect whether she files a complaint. What is the BEST response?

- **A.** Own the misstep and ask which parts of her identity feel relevant to the harassment
- **B.** Explain why family and religious views can affect whether women report harassment
- **C.** Agree to set aside family and religion as topics for the rest of treatment
- **D.** Ask whether she is uneasy discussing her family with someone outside her culture

68. In Roberts' seven-stage model of crisis intervention, what is the first stage?

- **A.** Conducting a biopsychosocial and lethality assessment
- **B.** Exploring the client's feelings and emotions
- **C.** Establishing rapport and psychological contact
- **D.** Identifying the major problems and the crisis precipitants

69. A community mental health center is considering a depression protocol supported by two randomized trials. Both trials excluded people with substance use disorders, active suicidal ideation, or unstable housing. About half the center's clients have at least one of these. What is the BEST way to proceed?

- **A.** Decline it, since the trials do not apply to the center's population
- **B.** Adopt it for all clients, since two trials showed strong effects
- **C.** Wait until a trial that includes these conditions is published
- **D.** Adopt it, monitor outcomes, and note that fit is uncertain for some

70. A social worker who treats adults for depression is asked by a long-time client to see her 6-year-old son, Elias, who has severe tantrums. The worker has no training with young children. A colleague in the same building specializes in parent-child interaction therapy. What should the social worker do NEXT?

- **A.** Explain the limits of her training and refer the family to the colleague
- **B.** See Elias for an initial assessment and then decide whether to refer
- **C.** Offer parenting guidance to his mother within their existing adult sessions
- **D.** Treat Elias with consultation from the colleague down the hall

71. In a juvenile detention facility's group, Andre, 14, says it was fine to cover a peer's cleaning shift and lie about it to staff because 'he's giving me his commissary snacks for it. He helped me, I helped him. That's fair.' Which Kohlberg stage BEST matches his reasoning?

- **A.** Obedience and punishment orientation
- **B.** Social contract orientation
- **C.** Individualism and exchange
- **D.** Good interpersonal relationships

72. Which of the following is BEST described as a boundary crossing rather than a boundary violation?

- **A.** Hiring a current client to repair the roof on the social worker's house
- **B.** Attending a client's art show at her invitation after discussing it in session
- **C.** Starting a dating relationship with the adult brother of a current client
- **D.** Asking a client to keep a friendship outside of sessions between the two of them

73. A client says she feels "taken over" by her worries. The social worker uses a metaphor: "Imagine your thoughts and feelings are pieces on a chessboard, fighting each other. What if you are the board, which holds every piece but isn't any of them?" Which ACT process is this metaphor teaching?

- **A.** Contact with the present moment
- **B.** Cognitive defusion
- **C.** Self-as-context

74. According to the minority stress model, which factor is MOST likely to buffer the effects of discrimination on a client's mental health?

- **A.** Keeping one's identity hidden in most work and social settings
- **B.** Avoiding thoughts about past experiences of discrimination as much as possible
- **C.** Connection to a supportive community that shares the client's identity

75. A supervisor at a child welfare agency learns that one of her caseworkers was hospitalized last night and will be out for at least three weeks. The caseworker has two court-ordered family visits and a child safety check scheduled this week. Her desk also holds overdue mileage forms. What should the supervisor do FIRST?

- **A.** Contact the caseworker to learn which of her cases need attention most
- **B.** Ask the court to postpone the family visits until the assigned caseworker returns to work
- **C.** Review all of the caseworker's files before assigning any coverage
- **D.** Assign coverage for this week's visits and safety check and notify the families

76. Celeste, 29, is in outpatient treatment for alcohol use disorder and wants a free peer group between sessions. She tried an AA meeting and says, "The higher power language doesn't fit me at all, and I'd rather use practical tools." Which referral BEST fits her preferences?

- **A.** Al-Anon
- **B.** A different AA meeting with a more welcoming group
- **C.** SMART Recovery

77. A client attempted suicide in a clinic restroom after leaving a group session. Staff found him quickly, and he survived. The clinic director has made sure the client received care, staff were debriefed, and an incident report was filed. What should the director do NEXT?

- **A.** Suspend the group facilitator until it is clear whether she missed warning signs
- **B.** Lock the restrooms and require clients to request a key from the front desk
- **C.** Lead a nonpunitive review of the systems and procedures involved
- **D.** Send a memo reminding staff to screen clients for suicide risk

78. Victor, a 50-year-old contractor, says he "blows up" when clients pay late or change plans: "They should do what they agreed to. I can't stand it." He wants a direct, no-nonsense approach with homework. Which approach is BEST?

- **A.** Rational emotive behavior therapy
- **B.** Narrative therapy
- **C.** Person-centered (client-centered) therapy
- **D.** Brief psychodynamic therapy

79. A pediatric clinic social worker is about to screen Zane, 16, for substance use. His father wants to stay in the room. What is the BEST approach?

- **A.** Explain confidentiality and its limits to both, then screen Zane alone
- **B.** Complete the screen with his father present so the answers can be checked
- **C.** Have his father complete the screen based on what he has observed

80. Wendell, 45, is in court-ordered substance use treatment as a condition of probation. Angry after a dispute with his probation officer, he tells the social worker he is revoking his release allowing the program to report his attendance to probation. His probation terms require proof of treatment participation. The release he signed states that he may revoke it at any time. What should the social worker do?

- **A.** Tell him the release cannot be revoked while he is on probation
- **B.** Honor the revocation, explain the likely probation consequences, and document it
- **C.** Keep reporting his attendance, since the treatment is a condition of his probation terms
- **D.** Notify the probation officer that Wendell has revoked his release

81. A social worker at a pediatric clinic reviews an intake for Rowan, 7. For the past eight months Rowan has strongly preferred toys, games, clothing, and playmates typically associated with another gender and takes cross-gender roles in pretend play. Rowan has never said they want to be, or are, another gender, and parents and teachers report no distress or problems at home or school. Which conclusion BEST reflects DSM-5-TR?

- **A.** Criteria for gender dysphoria in children are not met, since a strong desire to be another gender is required
- **B.** Criteria for gender dysphoria in children are met, since the preferences have lasted more than 6 months
- **C.** Criteria for gender dysphoria in children may be met once the preferences have lasted 12 months

82. A pediatric primary care social worker is helping with an ADHD evaluation for Ezra, 8. His mother completed the Vanderbilt parent form, and her ratings are high for inattention and hyperactivity. His teacher has not yet returned the teacher form. What should happen NEXT?

- **A.** Share the parent results with the pediatrician as evidence of ADHD
- **B.** Start a behavior plan at home based on the parent ratings
- **C.** Ask the mother to complete the parent form again in two weeks
- **D.** Follow up to obtain the teacher form before results are interpreted

83. Wes, 52, asks to begin counseling for depression at the only clinic in his county. He owns the one auto repair shop in town, where the social worker has her car serviced. The nearest other clinic is a three-hour round trip, and Wes says he cannot close his shop for that. What is the BEST course of action?

- **A.** Refer Wes to the distant clinic so that no overlapping relationship develops between them
- **B.** Begin services and take her car to a garage in the next county instead
- **C.** Begin services and treat the shop visits as unrelated to the therapy
- **D.** Begin services after discussing with Wes how they will handle contact at his shop

84. A foundation that funds an agency's youth mentoring program asks for the program's outcome data for its annual review. The social worker who coordinates the evaluation has a spreadsheet listing each youth's name, school, grades, and counseling attendance. The youths and their parents consented to the evaluation but not to sharing identifiable information outside the agency. What should she do?

- **A.** Send the spreadsheet as it is, since the foundation pays for the program
- **B.** Ask each family by phone whether sharing the spreadsheet is acceptable
- **C.** Provide de-identified or summary results that answer the foundation's questions
- **D.** Decline to share any results until the program has a few more years of data to report

85. Jasmine was recently promoted to supervise the team of case managers she worked alongside for five years. Two team members are close friends who expect their usual lunches together to continue. What is the BEST way for Jasmine to handle her new role?

- **A.** Keep her friendships exactly as they were so the team does not feel she has changed at all
- **B.** Tell the team openly how her role has changed and hold everyone to the same standards
- **C.** End her social contact with the two friends without explaining why
- **D.** Ask her own manager to supervise the two friends instead of her

86. A pediatric clinic starts a parent-training class for families of children with disruptive behavior. In the same month, the local school district launches a classroom behavior program in all of its elementary schools. Six months later, parents in the class report fewer behavior problems. What does the school program represent in this evaluation?

- **A.** The dependent variable
- **B.** A moderating variable
- **C.** The independent variable
- **D.** A confounding variable

87. A clinical supervisor watches a family session from behind a one-way mirror, with the family's consent, and phones in suggestions to the supervisee while the session is in progress. This format is BEST described as:

- **A.** Live supervision
- **B.** Group supervision
- **C.** Peer consultation
- **D.** Case consultation

88. Two clients enter a substance use program with stable recovery as their goal. One reaches it through medication for opioid use disorder and peer support; the other through residential treatment and a faith community. Which systems concept describes reaching the same outcome by different paths?

- **A.** Multifinality
- **B.** Equifinality
- **C.** Entropy
- **D.** Homeostasis

89. Before a Medicaid audit, a program supervisor asks Felix, a case manager, to write progress notes for three home visits he made last month and date them on the days of the visits. Felix did the visits but never documented them. What should Felix do?

- **A.** Write the notes with the original visit dates, as the supervisor has requested of him
- **B.** Write the notes as late entries showing both today's date and the date of service
- **C.** Leave the visits undocumented, since writing notes now would be inaccurate

90. A client in a community mental health center rates her progress on her anxiety as a 3 on a scale from 0 to 10. Which follow-up question BEST fits solution-focused brief therapy?

- **A.** "What would you notice that would tell you you'd moved to a 4?"
- **B.** "How long have you been at a 3 with your anxiety?"
- **C.** "What would a 10 look like, so we can work toward it this week?"
- **D.** "What is keeping you stuck at a 3 right now?"

91. Jada, 35, an airline mechanic, tells her social worker that she has been using cocaine on weekends. She asks the worker to keep it out of her record because she fears her employer will find out. The worker has no reporting duty based on these facts. What is the BEST response?

- **A.** Leave it out of the record, since no legal reporting duty applies to these facts
- **B.** Record it in personal notes kept separately from her chart
- **C.** Explain that records must be accurate and review who can access hers
- **D.** Record it fully and say nothing about who can see her record

92. Staff at an adult day program tell the social worker they plan to crush Mr. Kowalczyk's blood pressure pill into his applesauce because he keeps refusing it. He has moderate dementia, and his wife is his activated health care agent. What should the social worker do?

A. Support the plan, since the medication is clearly in his medical interest
B. Raise the refusal with the care team and his wife rather than having staff give it covertly
C. Ask his physician to switch him to a form of the medication that does not need to be swallowed
D. Tell staff to stop offering the pill and document that he refuses it

93. Victoria, 47, comes to a family services agency with depression, a strained marriage, and chronic back pain. She has stable housing and income and denies suicidal thoughts. She says her biggest worry is her 15-year-old son, who is failing ninth grade and refuses to talk to her. Where should the social worker and Victoria BEGIN?

A. With her depressive symptoms, since they likely drive her other problems
B. With her marriage, since couples conflict affects the whole family system
C. With her concerns about her son's school failure and their communication
D. With her chronic pain, since it may be limiting her daily functioning

94. For the past three years, Gunnar, 45, who lives in northern Minnesota, has had major depressive episodes that begin each November and lift by April. He has had no depressive episodes at other times of year during that period. Which specifier BEST describes his depression?

A. With atypical features
B. With seasonal pattern
C. With melancholic features

95. Marco, 34, tells his social worker, "My manager hasn't answered my email from this morning, so she's probably planning to fire me." The social worker is using cognitive therapy. Which response BEST reflects Socratic questioning?

A. "It's very unlikely she would fire you over a single unanswered email."
B. "That sounds like mind reading. Let's write down a more balanced thought."
C. "When you saw there was no reply, what did you feel in your body?"
D. "What are some other reasons she might not have answered yet?"

96. Calvin, 50, a Navy veteran, tells his social worker for the first time that he was sexually assaulted by two shipmates during his service. He looks at the floor and says, "Men aren't supposed to let that happen." What is the BEST response?

A. Ask him to describe what happened in detail so the worker can assess him for PTSD
B. Reassure him that what happened was not his fault and move on to teaching coping skills
C. Thank him, say that men are assaulted in the military too, and ask what he wants next

97. In the staff break room of a family services agency, a colleague jokes that clients on public assistance "would rather sit home than work." Other staff laugh. No clients are present. The social worker has a good working relationship with the colleague. What should the social worker do FIRST?

A. Speak with the colleague privately about the comment and its effect on clients
B. Report the colleague's remark to the state licensing board as unprofessional conduct
C. Let it pass, since the comment was made in private among staff

98. Dana, 27, believes her friends will drop her if she does not reply to texts within minutes. Over four sessions she has completed thought records and can list strong evidence against the belief. She says, "I know it logically, but I still believe it about 90 percent." Which technique is BEST to use NEXT?

- **A.** A behavioral experiment in which she delays her replies
- **B.** The downward arrow technique to identify the core belief beneath it
- **C.** Socratic questioning to generate further evidence against the belief
- **D.** Another week of thought records focused on the same belief

99. For more than a year, Tobias, 44, has been preoccupied with the idea that he has colon cancer. He has no significant symptoms, reads about cancer for hours every night, and checks his stools daily, but he has canceled three colonoscopy appointments because he is afraid of what they might find. Which type BEST describes his illness anxiety disorder?

- **A.** Care-avoidant type
- **B.** With predominant pain
- **C.** Care-seeking type

100. Which statement about implicit bias is MOST accurate?

- **A.** It reflects attitudes a person consciously endorses but keeps hidden from others
- **B.** It is largely eliminated once a worker completes training on cultural awareness
- **C.** It can shape judgments even in a worker who sincerely holds egalitarian values

101. A social worker has seen Damon, 30, for five months for anxiety. In session he mentions that he has started dating a woman he met at a gym, and the worker realizes from his description that she is the worker's sister. Damon does not know the connection. What should the social worker do FIRST?

- **A.** Tell Damon at once that he is dating her sister
- **B.** Consult her supervisor and plan how to discuss a transition with Damon
- **C.** Continue treatment as usual and steer away from discussing his dating life
- **D.** Ask her sister not to mention the worker to Damon

102. Ines and Marco come for couples counseling at a private practice. At the start, Ines says, "Marco is the problem. He's never home, and when he is, he's on his phone." Marco shrugs. Which response BEST begins the assessment?

- **A.** "Marco, how do you respond to what Ines just said about your phone?"
- **B.** "I'd like to hear how each of you sees what's happening and what you hope will change."
- **C.** "It sounds like you feel lonely in the marriage, Ines."
- **D.** "Before we go further, let's agree on some ground rules for how you two talk to each other here."

103. While answering intake questions about a past assault, Sunniva, 23, stops speaking, stares at the floor, and does not respond when her name is said softly. What should the social worker do?

- **A.** Pause the questions and use grounding, such as inviting her to notice her feet on the floor
- **B.** End the session and schedule an evaluation for a dissociative disorder
- **C.** Continue gently so the history is completed while the memory is accessible
- **D.** Sit quietly and wait for her to resume on her own

104. Keisha, a nurse, received twelve positive comments and one critical comment on her annual review. In session she talks only about the critical comment and calls the review "a disaster." Which cognitive distortion is she showing?

- **A.** Fortune telling
- **B.** Labeling
- **C.** Personalization
- **D.** Mental filter

105. Andre, 38, was in a highway collision a year ago and meets criteria for PTSD. He drives 40 minutes out of his way to avoid highways, has stopped riding in cars with others, and avoids news stories about accidents. He does not blame himself and says the other driver was clearly at fault. Which treatment is BEST?

- **A.** Cognitive processing therapy
- **B.** Prolonged exposure
- **C.** Nondirective supportive counseling
- **D.** Psychological first aid

106. At a VA primary care clinic, Lorna Vega, 38, a veteran, screens positive on the PC-PTSD-5. What should the social worker do NEXT?

- **A.** Refer her for prolonged exposure therapy
- **B.** Complete a fuller assessment of her trauma symptoms
- **C.** Record a diagnosis of PTSD in her chart and begin a treatment plan

107. Compared with placement with unrelated foster parents, kinship care is generally associated with:

- **A.** Greater placement stability and preserved family ties
- **B.** Faster adoption for children who cannot return to their parents
- **C.** Higher financial support for caregivers

108. A social worker teaches a 16-year-old with autism three social skills: greeting peers, asking to join an activity, and ending a conversation. She wants evidence that her coaching causes the gains. A colleague suggests an ABAB design. Why is a multiple baseline across behaviors the BETTER choice?

- **A.** Multiple baseline designs do not require a baseline phase
- **B.** Multiple baseline designs work best when the skills are linked
- **C.** Learned skills are unlikely to disappear when coaching is paused

109. In an Adult Attachment Interview, Tamsin, 45, describes a childhood with a father who hit her and a mother who drank heavily. She gives clear, specific examples, reflects on her parents' own histories, and says, 'It hurt, and it shaped how I parented at first. I've worked hard to understand it.' She stays on topic throughout. Which classification does this MOST suggest?

- **A.** Unresolved/disorganized
- **B.** Preoccupied
- **C.** Dismissing
- **D.** Secure-autonomous

110. Reviewing recorded sessions, a clinical supervisor notices that a supervisee addresses older White clients as 'Mr.' or 'Mrs.' but calls older Black clients by their first names without asking their preference. What is the BEST way for the supervisor to respond?

- **A.** Describe the pattern to the supervisee and discuss how clients may experience it
- **B.** Send the supervisee to an agency diversity training before discussing the pattern
- **C.** Remind all staff at the next team meeting to ask clients how they prefer to be addressed

111. A social worker on an inpatient unit treats a client with a rare dissociative presentation and wants to document the assessment, course, and response to treatment in detail for colleagues. Which design fits this purpose?

- **A.** Case study
- **B.** Cross-sectional survey
- **C.** Quasi-experimental design

112. A social worker in a county jail is called to see Lamont, 29, who was started on haloperidol injections four days ago after an episode of psychosis. Officers say he is "acting strange." The social worker finds him confused, drenched in sweat, and so stiff he cannot bend his arms; a nurse reports a temperature of 104 degrees Fahrenheit and a racing, irregular pulse. What should the social worker do FIRST?

- **A.** Ask the jail psychiatrist to review his haloperidol dose at the next clinic
- **B.** Make sure he is sent for emergency medical care now
- **C.** Assess whether his confusion reflects worsening psychosis
- **D.** Request a move to a quieter cell to reduce his stimulation

113. Which progress note entry BEST meets professional documentation standards for a clinical record?

- **A.** Session went well; client is making good progress toward goals overall
- **B.** Client reports 4 hours of sleep nightly; reviewed sleep hygiene; client agreed to log sleep for one week
- **C.** Client discussed her painful divorce at length, including details of her husband's affair with a named coworker

114. Jonah, 33, has seen a social worker for two sessions for stress about an apartment search. He asks her to write a letter saying he needs an emotional support animal so he can keep his dog in a building that bans pets. He has not described any disability-related need for the dog. What is the BEST response?

- **A.** Explain that any letter must rest on her assessment of a disability-related need
- **B.** Write the letter, since it would ease his housing stress and he knows his own needs best
- **C.** Refer him to a website that issues emotional support animal letters online

115. Which approach BEST reflects anti-oppressive social work practice?

- **A.** Remaining a neutral expert who keeps social and political issues out of sessions
- **B.** Sharing power with clients in setting goals and naming how social conditions affect their problems
- **C.** Centering treatment on the client's internal conflicts so outside forces do not distract from change

116. After Aaliyah, a new client, describes racism at her job, the social worker says, 'I don't really see color. I treat all my clients the same.' Under Sue's taxonomy, this statement is BEST classified as a:

- **A.** Microinsult
- **B.** Microassault
- **C.** Microinvalidation
- **D.** Environmental microaggression

117. During a home visit, Mr. Kowalski, who has been drinking, grows louder as the child welfare worker explains a safety plan. He stands, picks up a heavy ashtray, and says, 'You need to leave before you get hurt.' What should the worker do FIRST?

- **A.** End the visit calmly, leave, and call for help
- **B.** Sit down and lower her voice to show she is not a threat
- **C.** Remind him that refusing the safety plan could affect his case
- **D.** Acknowledge his anger and ask him which part of the safety plan upsets him most

118. Kenji, 37, has had four sudden attacks of pounding heart, chest tightness, sweating, and fear of dying over the past two months, two of which woke him from sleep. A cardiologist found no heart problem, and he uses no stimulants. Since the second attack six weeks ago he has worried constantly about having another and has stopped going to the gym in case exercise sets one off. What is the MOST likely diagnosis?

A. Generalized anxiety disorder
B. Somatic symptom disorder
C. Illness anxiety disorder
D. Panic disorder

119. Over the past month, a forensic interviewer at a child advocacy center conducted several interviews in which children described severe abuse. She now has intrusive images of what they described, startles easily, and avoids news stories about children. Her beliefs about people and the world are unchanged, and she still finds the work meaningful. Which concept BEST fits?

A. Countertransference
B. Vicarious trauma
C. Burnout
D. Secondary traumatic stress

120. Mr. Petrakis, 71, a retired teacher, is referred by a housing inspector because stacks of newspapers, mail, and broken appliances block his kitchen and bedroom, and he sleeps in a chair. He becomes very distressed at the thought of throwing anything away and says the items "might be useful someday." A recent cognitive screen and medical exam were normal. He reports no intrusive thoughts or rituals. What is the MOST likely diagnosis?

A. Hoarding disorder
B. Obsessive-compulsive disorder
C. Obsessive-compulsive personality disorder
D. Major neurocognitive disorder

121. A psychodynamically trained clinician at a university counseling center describes a client who bites her nails, smokes, overeats when stressed, and leans heavily on others for reassurance. In Freud's psychosexual theory, these traits would be linked to fixation at which stage?

A. Oral
B. Phallic
C. Anal
D. Latency

122. A social worker employed by a public school district keeps counseling records about students in files maintained by the district. Which law PRIMARILY governs access to these records?

A. The Family Educational Rights and Privacy Act (FERPA)
B. 42 CFR Part 2
C. The Individuals with Disabilities Education Act's evaluation rules
D. The HIPAA Privacy Rule