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LMSW

ASWB Masters Practice Exam

Exam 5

122 Questions • Two sections of 61

ASWB Masters exam format from August 3, 2026 • Original practice questions

Values and Ethics 35% • Assessment and Planning 33% • Intervention and Practice 32%

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How to Use This Material

This practice exam has 122 questions in two sections of 61, like the current ASWB Masters exam, with questions from all three content areas mixed together. Some questions have three options and some have four. Allow 2 hours per section with an optional break between sections, and choose the single BEST answer for every question. Then check your work against the separate answer key, fill in the score sheet at the end of the key, and read every explanation, including for the questions you got right. Log each miss with the SEARCH rung and distractor family (Chapter 2 of the book).

LMSW Practice Exam 5

122 questions • 2 sections of 61 • Answer key and explanations in the separate Answer Key file
Choose the single BEST answer. Allow 2 hours per section.

Section 1 Questions 1-61

1. During a home visit, an Adult Protective Services worker is told by a neighbor that Mr. Feld, 79, 'drinks all day and falls down a lot.' The worker observed no alcohol in the home and no injuries. How should the worker document the neighbor's statement?

- **A.** Record it as collateral evidence of alcohol misuse needing follow-up
- **B.** Leave it out of the record until a second source can confirm it
- **C.** Record it as the neighbor's report, apart from the worker's observations
- **D.** Summarize it with the observations as a possible alcohol problem

2. During a staff training at a homeless services agency, Brian, a White LMSW, says he cannot have privilege because he grew up poor, lost his father young, and worked for everything he has. Several colleagues nod. The trainer wants to clarify the concept without dismissing Brian's experience. Which explanation is MOST accurate?

- **A.** Privilege means unearned advantages tied to a favored group, which can coexist with real hardship
- **B.** Privilege means disadvantages built into laws, so his class background places him outside it
- **C.** Privilege means the authority that professionals hold over clients in the helping relationship

3. A family support worker is helping the Mwangi family, who moved to a new city six months ago, complete an ecomap during their second meeting. The worker has already completed a genogram and a list of the family's goals. Which piece of information would the ecomap MOST directly display?

- **A.** The paternal grandmother died of heart disease at age 58
- **B.** Both parents were the oldest of four children in their families
- **C.** The family's tie to its new church is strong and a source of help
- **D.** The family ranks finding work as more urgent than finding child care

4. A group practice where LMSW Daniela Cruz sees clients under supervision plans to raise its self-pay fee from $110 to $130 per session in three months. Several of Daniela's clients pay out of pocket and have tight budgets. What is the BEST way to handle the change with these clients?

- **A.** Give clients advance notice and discuss how the change will affect each of them
- **B.** Tell current clients their fees will stay the same while they remain in treatment
- **C.** Post the new rate in the waiting room and on statements once it takes effect

5. A social worker is facilitating planning meetings about a new recreation program for a public housing community. At the first joint meeting, city officials spoke for most of the hour and residents said little. Since then, residents have met on their own twice and written a list of priorities. What is the facilitator's BEST action for the next joint meeting?

- **A.** Open the meeting with residents presenting their own list of priorities
- **B.** Hold a residents-only meeting to draft priorities before the joint session
- **C.** Present the residents' list to the officials on their behalf at the meeting
- **D.** Use small breakout groups that mix residents and officials at the meeting

6. Tyrell, 14, has an IEP for an emotional disturbance. After he hits another student, the principal proposes a suspension of fifteen consecutive school days. The school social worker is part of Tyrell's IEP team. Under IDEA, what must happen before this disciplinary removal goes forward?

- **A.** The team must hold a new IEP meeting to add a behavior goal before any removal
- **B.** The school must first reevaluate Tyrell to confirm that he still qualifies for IEP services
- **C.** The school may proceed if it provides educational services from the eleventh day
- **D.** The team must review whether the behavior was caused by his disability or by IEP failure

7. Abena Owusu, 19, a first-year student, meets with a social worker at the campus counseling center. She feels homesick and overwhelmed by coursework but is sleeping and eating normally, attending classes and making friends in her dorm. She has already used the tutoring center and joined a club, and asks for help managing her workload and stress. Which service is MOST appropriate?

- **A.** Weekly ongoing therapy to explore her adjustment and family ties
- **B.** Information on more campus clubs and tutoring, with no follow-up
- **C.** Brief counseling focused on problem-solving and planning her work

8. Marisol Vega, 29, was passed over for a promotion and has felt worthless and withdrawn for a month. She tells her social worker, who uses rational emotive behavior therapy, 'I must succeed at everything or I am nothing.' She also wants help appealing the promotion decision and mentions that her father criticized every grade she earned. On which element should the social worker PRIMARILY focus to change her distress?

- **A.** Her early experiences with a critical father who judged her grades
- **B.** Her feelings of worthlessness and her withdrawal from others at work
- **C.** The promotion decision that set off her emotional reaction this month
- **D.** Her belief that she must succeed at everything or count for nothing

9. At the start of work with Imani, 28, at a women's center, a social worker using a feminist approach explains how sessions work and what will be written in Imani's file, and she invites Imani to question the worker's methods at any time. Which feminist principle does this BEST reflect?

- **A.** Gender-role analysis
- **B.** Demystifying the helping process
- **C.** Purposeful self-disclosure

10. Rob, 42, who is in recovery from alcohol use, tells his counselor that he has started driving home past his old bar 'because it saves a couple of minutes,' and last week he stopped in 'just to say hello to friends.' In Marlatt's relapse prevention model, which concept BEST describes this pattern?

- **A.** Seemingly irrelevant decisions
- **B.** Abstinence violation effect
- **C.** Positive outcome expectancies
- **D.** Lifestyle imbalance

11. Over the past six months, Tamara, 38, has called her case manager at a supportive housing program several times a week, each time describing a new emergency: a conflict with a neighbor, a lost benefits letter, a dispute with her sister. Each episode has been handled with short-term crisis intervention. Which interpretation is MOST consistent with crisis theory?

- **A.** Each call reflects a new event, so crisis intervention should continue for each one
- **B.** Frequent calls suggest dependence, so contact should be set at one weekly session
- **C.** Her pattern reflects stressor pile-up that a coordinated crisis plan should address
- **D.** A pattern lasting months does not fit time-limited crisis and needs broader assessment

12. Amara Okafor, 34, moved from Nigeria eight years ago and comes to a community mental health center for stress about family obligations. She has not said which of Nigeria's many ethnic groups her family belongs to. Before the session, the LMSW read an article on Yoruba family expectations. Amara describes her family's expectations quite differently from the article. What is the BEST response?

A. Consult a colleague from Amara's cultural community about how to interpret her account.
B. Ask Amara what her family expects of her and how she understands those expectations.
C. Ask Amara how her family's expectations differ from those common in Yoruba families.
D. Share the article with Amara and ask which of its points fit her family's experience.

13. Darnell, 34, is in outpatient treatment for alcohol use. In the fourth session he asks his LMSW, "Have you ever been in recovery yourself?" The worker, who is in long-term recovery, has already explored what the question means to him. Darnell says he nearly quit after intake because he distrusts counselors who "learned it all from books," and he needs to know she understands before he goes further. What should the worker do?

A. Say briefly that she is in recovery, then turn the focus back to his trust concerns
B. Keep exploring his doubts about counselors without saying whether she is in recovery
C. Share how her own recovery unfolded so that he can see that lasting change is possible

14. Three years ago, an LMSW in a group practice saw Carmen for four sessions of career-related counseling. They meet again by chance in a hiking club, and Carmen asks the social worker out to dinner. Which statement BEST describes the social worker's ethical position under the NASW Code?

A. The Code advises against it, and the worker bears the full burden of showing no harm
B. A relationship is acceptable if Carmen gives informed consent in writing
C. A relationship is barred for life, with no exception, since she was a client
D. A relationship is acceptable because more than two years have passed

15. Ana, an LMSW at a hospital, has met her state's continuing education requirement for this renewal period. Her department recently stopped offering in-service trainings, and she learns that clinical guidelines in her practice area have changed in ways that affect patient discharge planning. Under the NASW Code of Ethics, which statement BEST describes her obligation?

A. Her obligation is met for this period because she completed the board's hours
B. She remains responsible for keeping current through her own ongoing study
C. The hospital must resume in-service training before more can be expected

16. A social worker leads a twelve-week closed group for young mothers at a family resource center. After early weeks of guarded attendance and then a period of arguments over rules and the leader's role, members now share personal struggles, call the group 'like family' and look forward to meetings. According to the Boston model, which stage would MOST likely come NEXT?

A. Differentiation
B. Separation
C. Power and control

17. LMSW Carmen speaks conversational Portuguese that she learned in college. Raimundo, 39, a Brazilian client who speaks some English but prefers Portuguese, is referred to her for a suicide risk assessment after telling his doctor he has been thinking about death. A professional Portuguese interpreter is available by phone. What is the MOST appropriate approach?

A. Conduct the assessment in Portuguese, the language Raimundo prefers most
B. Conduct the assessment in Portuguese through a professional interpreter
C. Conduct the assessment in English, a language Raimundo also speaks
D. Use her own Portuguese and call an interpreter for unfamiliar words

18. LMSW Joon Choi designed a program evaluation at his agency. An MSW intern ran the focus groups, analyzed the data, and drafted most of the report. Joon's supervisor, who approved the project and is accountable for it, suggests that Joon be listed as sole author on a journal article based on the work. Who should receive authorship credit?

- **A.** Joon alone, since he designed the study that others carried out
- **B.** Joon's supervisor, who oversaw the project and is accountable for it
- **C.** Joon and the intern, each credited for the work they actually did

19. A social worker reviewing a new client's records sees 'complex PTSD' listed by a previous provider. Which statement about this term is accurate?

- **A.** It is a diagnosis in ICD-11 but is not a separate diagnosis in DSM-5-TR
- **B.** It is a DSM-5-TR specifier for PTSD that requires dissociative symptoms
- **C.** DSM-5-TR added it in 2022 as a separate trauma-related disorder

20. Hannah, an LMSW at a county family services agency, is assigned a new case and sees from the intake that the client is her cousin's husband, whom she sees at family gatherings. Several other social workers at the agency could take the case. What should Hannah do?

- **A.** Ask him whether he is comfortable having her as his social worker.
- **B.** Tell her supervisor about the relationship and ask that the case be reassigned.
- **C.** Keep the case and limit her contact with him at family gatherings.

21. During a meeting about late case notes, Imani, an LMSW, tells her supervisor that she has ADHD and asks for an accommodation, such as protected documentation time. Her annual evaluation is due next month, and late notes are listed as a concern in the draft. The agency's human resources office handles accommodation requests. What should the supervisor do?

- **A.** Remove the late-notes concern from this year's draft evaluation
- **B.** Ask Imani to bring documentation of her diagnosis to the supervisor
- **C.** Route the request to the accommodation process and evaluate as scheduled
- **D.** Delay the evaluation until an accommodation has been in place a while

22. An LMSW at a community clinic took several years of high school Spanish and can hold simple conversations. A new client, Lucia Ortega, 44, prefers to speak Spanish about her trauma history and asks whether the LMSW can conduct sessions in Spanish. What should the LMSW do?

- **A.** Use a qualified interpreter, since her Spanish is not proven for clinical work
- **B.** Conduct sessions in Spanish and ask Lucia to clarify words the LMSW misses
- **C.** Conduct sessions in English and offer Spanish handouts between sessions

23. Alicia Romero, 38, is completing residential treatment for methamphetamine use. Her mild hypertension is controlled with medication, she manages occasional cravings with skills learned in treatment, and her one relapse, two years ago, followed her mother's death. She plans to return to an apartment she shares with a partner who uses methamphetamine daily, and she has no other housing option. Which finding MOST affects the level of care recommended at discharge?

- **A.** Her medical condition and its treatment needs
- **B.** Her cravings for methamphetamine
- **C.** Her history of relapse after past treatment
- **D.** Her partner's daily use in their shared home

24. Marcus, 38, has schizophrenia and stopped his medication a month ago. He tells the LMSW at his clinic that last week a voice told him he had become a woman and that satellites are changing his body at night. He has never spoken about his gender before. What is the MOST likely explanation?

- **A.** Delusional content from psychosis rather than gender dysphoria
- **B.** Gender dysphoria with a recent onset triggered by acute stress
- **C.** A nonbinary identity that he is only now beginning to explore
- **D.** Gender dysphoria occurring alongside his diagnosis of schizophrenia

25. Mr. Delgado's two children are at imminent risk of removal after a report describing a chaotic home and missed medical care. The investigator believes the children can stay home safely if the family receives short-term, intensive help several times a week. The children have never been in foster care. Which service BEST fits this family?

- **A.** Post-reunification aftercare services
- **B.** Intensive family preservation services
- **C.** Post-adoption support services

26. Mariam, 35, tells a social worker at a women's resource center that her husband has her paychecks deposited into his own account, gives her a small weekly allowance and demands receipts for every purchase. He has twice called her employer to complain so that she would lose shifts. She still sees her sister and friends often. Which tactic on the Power and Control Wheel does this BEST illustrate?

- **A.** Economic abuse
- **B.** Coercion and threats
- **C.** Isolation
- **D.** Using male privilege

27. In supervision, Kevin Brandt, an LMSW, says that for several sessions he has been telling his client, Mr. Ruiz, who is going through a divorce, details of his own ongoing custody dispute 'to build rapport.' What is the supervisor's BEST response?

- **A.** Transfer Mr. Ruiz to another worker so the disclosures cannot continue
- **B.** Set a rule that Kevin avoid self-disclosure with all clients from now on
- **C.** Help Kevin examine whose needs the disclosures have been meeting

28. A home visitor in an early childhood program is reviewing development with the parents of four infants, each about 12 months old and born at full term. Every family reports one concern. Which observation MOST warrants a referral for developmental screening?

- **A.** An infant who does not yet wave or point to show what she wants
- **B.** An infant who does not turn or look up when her name is called
- **C.** An infant who says no clear words other than "mama" and "dada"
- **D.** An infant who walks only while holding onto furniture

29. Last year three LMSWs at a counseling clinic received friend requests from clients, and each handled them differently. One client felt personally rejected and left treatment. The clinic director asks Rania, an LMSW who is drafting new procedures, to recommend the step that would BEST prevent this kind of problem. Which should Rania recommend?

- **A.** Cover the clinic's social media policy in informed consent at the start of services
- **B.** Have each worker explain the clinic's policy to a client once a request is received
- **C.** Train staff each year to tighten the privacy settings on their personal accounts

30. Aisha Rahman, LMSW, works at a family service agency. She tells her supervisor that a 12-year-old client disclosed being hit with a belt by his uncle. The supervisor says she will 'look into it' and talk with the family before deciding whether a report is needed. Aisha practices in a state where each mandated reporter has an individual duty to report. What should Aisha do?

- **A.** Wait while the supervisor talks with the family, then report if she agrees
- **B.** Make the report herself without waiting for the supervisor's review
- **C.** Ask the supervisor to make the report today, since she oversees the case
- **D.** Ask the agency director to review the case today and decide on a report

31. Ahmed, 40, sees a social worker through his employer's assistance program. Confidentiality and its limits were reviewed at intake, and he said he trusts the process. In the second session he discloses that he has been having an affair and adds, 'I know you probably think I'm a terrible person.' Which response BEST conveys unconditional positive regard?

- **A.** Ask how the affair began and whether his wife knows about it
- **B.** Suggest the judgment he expects may mirror how he judges himself
- **C.** Remind him that what he shares here stays within the limits reviewed
- **D.** Tell him she is not judging him and wants to understand his situation

32. Keisha, 26, is in outpatient treatment after a sexual assault and has said that she startles when people touch her. She ends a difficult session tearful and quiet but says she is okay to drive and a friend is waiting for her. The LMSW feels a strong urge to comfort her physically. What is the MOST appropriate way to close the session?

- **A.** Ask Keisha whether she would like a hug before she leaves today
- **B.** Offer verbal support and let Keisha set the pace for leaving
- **C.** Extend the session until Keisha is no longer tearful

33. A small nonprofit with almost no budget wants a quick picture of need in its service area before a grant deadline. Staff do not survey or interview anyone. Instead, they pull census data on poverty and housing cost burden, health department infant mortality rates, and school district data on chronic absence, and compare them with state averages. Which needs assessment method are they using?

- **A.** Social indicators analysis
- **B.** Key informant approach
- **C.** Rates-under-treatment analysis

34. Claire, 24, a White MSW intern at a community center in a mostly Black neighborhood, tells her supervisor that she now sees racism she never noticed before. She feels guilty and confused. When relatives tell racist jokes at family dinners, she stays quiet to keep the peace and then feels ashamed. In Helms's White racial identity model, which status BEST describes Claire?

- **A.** Contact
- **B.** Disintegration
- **C.** Reintegration
- **D.** Pseudo-independence

35. Mr. Petrov, 80, receives in-home services through an aging services agency and has been depressed since his wife's death. He tells the social worker he has been saving his sleeping pills "just in case," and they are in his bedside drawer. He denies a current plan or intent and agrees to talk about safety. What is the BEST next step regarding the pills?

- **A.** Work with him on safely disposing of the saved pills now
- **B.** With his consent, ask his physician to prescribe smaller supplies
- **C.** Arrange a same-day crisis evaluation because of the stockpile

36. Ngozi, 48, recently lost her mother and tells a hospital social worker that she hears her mother's voice comforting her at night. She says this is common in her family's tradition and that she is not distressed by it. Her thinking is organized, and she is functioning well at work. What should the social worker do FIRST?

A. Ask Ngozi what the experience means to her and how she understands it
B. Document an auditory hallucination and request a psychiatric consult
C. Tell Ngozi that hearing a loved one's voice is common in grief
D. Screen her for psychotic symptoms with a structured checklist

37. A high school enrolls only the 30 students with the highest number of absences last semester in a new attendance mentoring program. This semester, the same students' absences drop by an average of 40 percent. There is no comparison group. Which alternative explanation is MOST likely?

A. Regression to the mean
B. Maturation
C. History
D. Selection

38. An LMSW at a housing advocacy organization is writing a policy brief arguing that adequate housing is a human right rather than a privilege earned through work. Which document BEST supports that framing?

A. The Americans with Disabilities Act of 1990
B. The U.S. Constitution's Bill of Rights
C. The Social Security Act of 1935
D. The Universal Declaration of Human Rights

39. Rebecca Lindqvist, an LMSW at a family agency, wants to use a family therapy model she has never practiced with a family on her caseload next month. She has finished the model's online introductory course and read its treatment manual. Her supervisor, an experienced clinician, knows family systems theory well but has never used this model. What should Rebecca do before using the model with the family?

A. Begin with this family, since she has completed the course and studied the manual
B. Arrange training in the model and supervision from someone skilled in using it
C. Begin with this family and review each session closely with her current supervisor

40. Kofi, an LMSW in a child welfare agency, recommends more frequent home visits for Ms. Abara, a mother who is blind, than for other parents with similar cases. No safety concerns have been identified. When his supervisor asks the reason, Kofi says he "just wants to be careful." What is the supervisor's BEST response?

A. Arrange an occupational therapy assessment of Ms. Abara's parenting
B. Consult a disability specialist about adaptive parenting supports
C. Help Kofi examine whether the plan rests on assumptions about blindness
D. Approve the extra visits for one month and then review the need

41. Will Redcloud, a social worker in a remote town, needs his truck repaired before winter. The only garage within 70 miles is owned by his client, Jim Halvorsen, 58, whom he sees for grief counseling after his wife's death. What is the MOST appropriate action?

A. Use the garage and check in on Mr. Halvorsen's grief while he works on the truck
B. Have the truck towed 70 miles to another garage to avoid a business relationship
C. Use the garage and accept the discount Mr. Halvorsen offers to people he knows
D. Use the garage, pay the standard rate, and keep contact brief and businesslike

42. Monique and her two children, ages 6 and 9, have been living in their car for three weeks since an eviction. The children have missed several days of school, but they are clean and fed through a food pantry, and Monique works full time while searching for an apartment. A teacher asks the school social worker to report the family for neglect. Which assessment is MOST accurate?

- **A.** Reasonable suspicion exists because the children have no stable, safe housing
- **B.** The missed school days meet the threshold for educational neglect reporting
- **C.** A report is warranted so the family can be linked to child welfare housing help
- **D.** No report is indicated, since the children's needs are met despite poverty

43. A hospital social worker is asked to start a group for family members of patients newly diagnosed with type 1 diabetes. The referring endocrinologist wants families to understand the illness, recognize warning signs and learn practical coping skills within six weeks. In screening calls, most relatives say they want concrete information and are not looking for therapy. Which group format BEST fits this request?

- **A.** A time-limited group that follows a planned curriculum of information and skills
- **B.** A process group that uses members' here-and-now interactions to promote change
- **C.** An ongoing peer-led self-help group that relatives run without a professional

44. Rosa Delgado, 34, comes to a community mental health intake asking for help finding a job and getting her children into after-school care. While completing the intake, she mentions that she has been saving her sleeping pills "in case things get too bad." She has not said whether she has thoughts of using them, and no one has asked. She says the job search is what matters most to her. What should the social worker do FIRST?

- **A.** Arrange an emergency psychiatric evaluation at the hospital today
- **B.** Develop a written safety plan with Rosa that moves the pills out of the home
- **C.** Ask Rosa directly about suicidal thoughts, intent and the pills she has saved
- **D.** Begin the job search plan, since Rosa named it as her first priority

45. In a day program for adults with schizophrenia, a social skills group spends each session practicing small talk, making eye contact and asking follow-up questions through role-play, with members giving each other tips. Which of Yalom's factors is MOST directly at work?

- **A.** Development of socializing techniques
- **B.** Imitative behavior
- **C.** Imparting information
- **D.** Interpersonal learning

46. In a support group for parents of children with autism at a family resource center, Haruka Mori, 47, has dominated three sessions despite the leader's gentle redirection. After the second session the leader met with her privately, and she agreed to make room for others, but the pattern continued. Other members look at the floor when she begins talking. What should the leader do NEXT?

- **A.** Use a structured go-round format for the rest of the group's sessions
- **B.** Keep redirecting her gently each time she starts to take over
- **C.** Comment on the pattern and ask members how they want to share time
- **D.** Meet with Ms. Mori privately to talk again about how much she speaks

47. Mei Lin, a school social worker, used Reamer's model to decide to share limited information about a student's grief with one teacher, with the student's agreement. At the time, she documented the decision and her consultation with her supervisor. The plan has now been in place for two months. What does the model call for at this point?

- **A.** Documenting the decision and the reasoning that supported it
- **B.** Monitoring and evaluating the decision's effects and recording them
- **C.** Reexamining the reasons for and against sharing the information
- **D.** Consulting colleagues about whether sharing was the right choice

48. A social worker provides telehealth sessions to Amara, 29, who lives with a partner who has been abusive. Amara joins from her car or a closed room. Her partner sometimes checks her phone, and his work hours change without notice. The worker already confirms her location and an emergency contact at the start of each session. Which practice is BEST to add at the start of treatment?

- **A.** Agree on a code word or signal she can use if it is unsafe to talk
- **B.** Schedule sessions only for times when her partner is expected at work
- **C.** Send session reminders by text to the phone number she has listed

49. Mr. Castellano, 79, is in hospice care and is cognitively intact. In visits he keeps returning to his 30-year estrangement from his brother, and he says he wants to "make sense of my whole life, the good and the bad," before he dies. Which approach BEST fits his wish?

- **A.** Simple reminiscence focused on pleasant shared memories to lift his mood
- **B.** Structured life review that includes painful events, aimed at integration
- **C.** Cognitive stimulation therapy to maintain his memory and thinking skills
- **D.** Reality orientation to keep him aware of the date, place and current events

50. Ella, 15, is being discharged from the emergency department after an evaluation for suicidal thoughts. The team agrees she can go home with outpatient follow-up. Her parents mention a handgun in the house. Ella knows the combination to the family safe and has used the keys to her parents' cabinets before. Her parents say they will do whatever is safest. What is the BEST counseling for the parents?

- **A.** Keep the gun in the family's locked safe with the ammunition stored apart
- **B.** Store the gun outside the home for now, such as with a trusted relative
- **C.** Keep the gun unloaded with a cable lock, with the key kept by a parent
- **D.** Remove the ammunition from the home and keep the gun in a locked case

51. Rosalind Baptiste, 55, cares for her mother, who has moderate dementia. In a caregiver support session, Rosalind says that some nights she is so exhausted that she feels like shaking her mother when she resists getting ready for bed. She says she has never acted on it and feels ashamed. What should the social worker do FIRST?

- **A.** Report to adult protective services so her mother's safety is evaluated
- **B.** Arrange respite care so Rosalind can rest on the hardest nights
- **C.** Normalize her feelings and teach a calming routine for bedtime care
- **D.** Ask how bedtime care is going and assess her mother's safety at home

52. The parents of Rafael, 6, who has Down syndrome, tell a school social worker they adjusted well after his diagnosis, but when he started kindergarten they felt a fresh wave of sadness watching other children. They wonder if something is wrong with them. What MOST likely explains their feelings?

- **A.** Major depressive episode
- **B.** Ambiguous loss
- **C.** Prolonged grief disorder
- **D.** Chronic sorrow

53. Workers at a family services agency often drive clients to medical appointments in their personal cars, and the agency has no policy on the practice. Last week a worker had a minor accident with a client in the car; no one was hurt. Many clients have no other way to reach appointments. The program manager, an LMSW, is asked to respond. What is the BEST response?

- **A.** Suspend all client transportation until the board reviews liability
- **B.** Help leadership develop a policy on insurance, training, and approval
- **C.** Require staff to show proof of personal auto insurance before driving

54. Antoine, 26, attends sessions at a community mental health center for social anxiety. He describes how he handled a tense phone call with his landlord calmly and got a repair scheduled. The social worker wants to use self-disclosure to reinforce this progress while keeping the focus on Antoine. Which response does this BEST?

- **A.** I notice I feel encouraged hearing how calmly you handled that call.
- **B.** I notice you seem to be playing down how well you handled that call.
- **C.** I used to dread calls like that myself, so I know the effort it took.
- **D.** It sounds like you're proud of how calmly you handled that call.

55. A hospital's new policy assigns social workers to make formal capacity determinations for patients who refuse discharge plans. LMSW Oskar has no training in capacity evaluation, and the hospital's own bylaws assign that role to physicians. The first such case is due next week, and Oskar has not yet raised the issue. What should Oskar do?

- **A.** Complete the determinations after a short online training course
- **B.** Ask the hospital ethics committee to rule on the policy before doing any
- **C.** Complete the determinations and have a physician cosign each one
- **D.** Raise the conflict with his manager and propose a revised process

56. Hector, 50, has been abstinent from alcohol for six months. At his weekly session at a VA outpatient clinic, he says he drank one night last week, stopped the next day on his own and feels ashamed. He has had no other drinking and no withdrawal symptoms. What is the BEST response?

- **A.** Reassure him that lapses are common and focus on his six months of progress
- **B.** Increase his sessions to twice weekly for the next month as a precaution
- **C.** Review with him what led up to that night and what helped him stop
- **D.** Ask him to recommit to abstinence by signing an updated agreement

57. Rashida, an LMSW supervisor at a homeless services agency, is presenting a new intake process at a leadership meeting. The process was developed by Anton, one of her supervisees. How should Rashida present it?

- **A.** Invite Anton to present it himself at a later leadership meeting.
- **B.** Present it as the work of her team, which tested the process together.
- **C.** Present the process and name Anton as the person who developed it.
- **D.** Present it as her unit's work, since she is accountable for its results.

58. An integrated health clinic reviews its behavioral health referrals. Physicians receive notes back promptly after first visits, and behavioral health staff say referral information is complete. However, most patients who are handed the behavioral health phone number never call to schedule. A behavioral health clinician works on site three days a week. Which change would BEST address this problem?

- **A.** Send a fuller referral summary to behavioral health before each first visit
- **B.** Have physicians introduce patients to on-site behavioral staff during visits
- **C.** Have behavioral health send physicians a note after each patient's first visit

59. In an employee assistance program session, Priya Raman, 29, says her manager makes her want to scream and that someone should teach him a lesson. When the social worker asks directly, she denies any intent or plan to harm him, has no history of violence, and says she just needed to vent. What is the MOST appropriate response?

- **A.** Refer her for a psychiatric evaluation to rule out risk of violence toward the manager
- **B.** Consult the program director about whether the employer should be notified
- **C.** Continue working on her frustration and record the risk screening just completed

60. A regional aging services agency is entering a rural county where it has never worked. Amara, an LMSW on the planning staff, led a needs assessment using existing data, local leaders and resident input. It found that missed medical appointments due to lack of transportation are the top need, and the board has chosen to start a volunteer driver program. What should the agency do NEXT?

- **A.** Conduct a needs assessment of older adults in the rural county
- **B.** Develop a logic model linking resources, activities and outcomes
- **C.** Compare the program's results with those of similar rural counties
- **D.** Recruit volunteer drivers through local churches and civic groups

61. A family services social worker is helping Mrs. Kim, 40, write objectives after she said she wants a better relationship with her 12-year-old son. She has already kept a two-week log showing she yells about once a day, usually when he ignores a request. She says she does not know what to do instead. Her draft reads, 'I will stop yelling at my son.' What revision would make this objective MOST useful?

- **A.** Add a count: she will raise her voice no more than twice a week by June
- **B.** Have her log each time she yells for two more weeks before revising it
- **C.** Add a matching objective for her son, such as answering the first request
- **D.** Name a calm behavior she will use instead, such as pausing, and how often

Section 2 Questions 62-122

62. At a community mental health center, the parents of Arturo, 26, who has schizophrenia, tell the social worker they are not looking to revisit family history or to talk through their grief. They want to learn how the illness works, which early signs point to relapse, and what to do when those signs appear. Which service BEST fits their request?

- **A.** A structured family psychoeducation program on the illness and relapse management
- **B.** Psychodynamic family therapy on how past relationships shape the family's reactions
- **C.** An open caregiver support group where families share their experiences of the illness
- **D.** Structural family therapy to adjust boundaries and alliances within the household

63. A school social worker begins a new anger management approach with Tyler, 11, who has frequent outbursts in class. Tyler and his teacher have agreed to help track his behavior. The worker wants to see, week by week, whether the approach is changing his outbursts in class. Which method is BEST?

- **A.** Have Tyler complete an anger self-report scale at intake and at the end
- **B.** Count his outbursts each day for a baseline and then during the intervention
- **C.** Compare his outbursts with those of classmates in a similar program
- **D.** Ask his teacher to rate his classroom behavior at the end of the term

64. Helen, 56, has taken lorazepam every night for sleep for the past three years. Before a minor procedure, she needs a much higher dose of a benzodiazepine than usual to become sedated. She drinks one glass of wine a week and uses no other substances. Which concept BEST explains the higher dose she needed?

- **A.** Cross-tolerance
- **B.** Tolerance
- **C.** Sensitization
- **D.** Synergistic effect

65. The director of a residential substance use program proposes that every client be discharged after exactly 28 days, regardless of progress, to simplify scheduling. The program's LMSW is asked whether this fits the ASAM Criteria. Which ASAM principle MOST directly applies to the proposal?

- **A.** Placement should match needs across all of the assessment dimensions
- **B.** Length of stay should depend on progress and ongoing reassessment
- **C.** Treatment should address co-occurring mental health conditions
- **D.** Clients should have access to medications for addiction treatment

66. A social worker in a memory clinic notes that the team uses the Montreal Cognitive Assessment (MoCA) rather than the Mini-Mental State Examination (MMSE) when families report mild changes, such as a parent having trouble planning meals or keeping track of bills, in a person who is alert and whose daily routine is otherwise steady. What is the MAIN reason for this choice?

- **A.** The MoCA detects subtler deficits, such as in executive function
- **B.** The MoCA is better at telling a delirium apart from a dementia
- **C.** The MoCA adds a point for people with fewer years of schooling

67. Gloria, 62, has taken a prescribed opioid for chronic back pain for three years, exactly as directed. If she misses a dose, she has sweating and aching. Her daughter tells the primary care social worker that Gloria must be addicted. Which statement is MOST accurate?

- **A.** Her withdrawal after a missed dose meets one criterion, so a full use disorder screen is needed
- **B.** Three years of daily use meets the duration required to diagnose an opioid use disorder
- **C.** Tolerance and withdrawal from medication taken as prescribed do not count toward a use disorder
- **D.** Physical dependence and addiction are the same process seen at different levels of severity

68. Ten-year-old Bilal has had stomachaches on school mornings since his parents began arguing frequently. A pediatrician found no medical cause. Each parent asks Bilal whose side he is on, and the arguments stop when he becomes ill. He has no special household duties, and his parents do not blame him for their problems. Which family systems concept BEST explains this pattern?

- **A.** Triangulation
- **B.** Scapegoating
- **C.** Parentification
- **D.** Enmeshment

69. An LMSW at an international policy organization is preparing a brief on families displaced across a border by repeated flooding and drought. A colleague asks why these families usually do not qualify for refugee protection. Which explanation is MOST accurate?

- **A.** The refugee definition requires a well-founded fear of persecution
- **B.** They are covered instead by the UN Guiding Principles on Internal Displacement
- **C.** Refugee status requires showing that their government caused the damage

70. A social worker at a refugee resettlement agency is about to meet for the first time with Zarghuna, 31, who speaks Dari. A trained interpreter from a language service arrives 15 minutes early. The service has confirmed that the interpreter speaks Zarghuna's dialect and has no ties to her community. What should the worker do FIRST?

- **A.** Confirm with the interpreter that the dialect and community ties are not issues
- **B.** Ask the interpreter what Afghan cultural norms the worker should keep in mind
- **C.** Share Zarghuna's case file so the interpreter can learn her history beforehand
- **D.** Review the session's purpose, confidentiality, and interpreting ground rules

71. A behavioral health agency plans to deliver its parenting program by video to families on a rural reservation, where many homes have limited broadband and share one phone. The LMSW coordinating the program is preparing to enroll families. What should the LMSW do FIRST?

- **A.** Survey tribal leaders about typical internet access across the reservation
- **B.** Arrange for families to join sessions from the community center's internet
- **C.** Ask each family about devices and connectivity and offer options that fit
- **D.** Shift the program to telephone sessions for all families to reduce barriers

72. A school-based mental health clinician receives a subpoena for records about Daniel, 17, in a civil lawsuit filed after a car accident in which he was a passenger. After discussing it, Daniel and his parent both decline to authorize release. What should the clinician do NEXT?

- **A.** Release a summary limited to the minimum necessary for the lawsuit
- **B.** Wait for a court order before sending any response to the attorney
- **C.** Respond in writing asserting privilege and ask the court to quash or limit it

73. Leilani, 31, tells her LMSW at a community health clinic that her partner pushed her last month. A danger assessment shows no immediate lethality indicators, and she has no children. Leilani says she has thought about her options and will stay with him for now while she saves money, and she declines a shelter referral. What should the social worker do NEXT?

- **A.** Review the risk of escalation and encourage her to reconsider shelter
- **B.** Help Leilani request a protective order to keep her partner away
- **C.** Develop a safety plan with Leilani for while she remains at home
- **D.** Refer Leilani to a support group for women in abusive relationships

74. During a visit to the agency, board member Gary Olsen tells Keisha, an LMSW case manager, to move his neighbor's housing application to the top of the waiting list. Keisha reviewed the file this morning: it does not meet the agency's written criteria for urgent placement, and nothing new has been reported. What is Keisha's BEST response?

- **A.** Reassess the neighbor's file to see whether it meets the urgent criteria
- **B.** Explain that placement follows intake criteria and tell her supervisor
- **C.** Ask the neighbor to submit updated documentation of any urgent needs
- **D.** Report the request in writing to the chair of the agency's board

75. Ana, 52, speaks Tagalog and has limited English. She has trouble reading in any language. She comes to a family service agency near her home, which has no Tagalog-speaking staff but has access to a qualified telephone interpreter service. Ana wants to receive counseling at this agency. Under the NASW Code of Ethics, how should the LMSW obtain her informed consent?

- **A.** Refer her to an agency with Tagalog-speaking counselors
- **B.** Have her adult daughter, who is bilingual, explain the form
- **C.** Use a qualified interpreter to review services and consent
- **D.** Give her a Tagalog consent form to read and sign at home

76. Lina, an LMSW at an area agency on aging, has been asked by her agency to testify before a state legislative committee in support of a bill that would fund respite services for family caregivers. Each speaker has three minutes, and the committee clerk asks speakers to submit written copies. How should Lina BEST prepare?

- **A.** Prepare a detailed summary of caregiver research to read aloud within the three minutes she has
- **B.** Prepare a caregiver's story from her caseload to tell in vivid personal detail
- **C.** Prepare brief written testimony with whom she represents, her position, data and an example
- **D.** Prepare answers to the questions committee members are most likely to ask her

77. The parents of Tavita, 15, tell a family service social worker that their son stays up past midnight even when he is tired and struggles to wake for his 7:15 a.m. class, and they worry he is lazy. He sleeps until late morning on weekends. His mood, grades, and friendships are otherwise stable. What is the MOST likely explanation for his sleep pattern?

- **A.** School avoidance shown through trouble waking up
- **B.** A pubertal shift in his sleep and wake timing
- **C.** Early hypersomnia linked to a depressive episode

78. Kwame and Sofia, both LMSWs at a family counseling center, co-lead weekly family therapy for the Ramírez family. During today's session, Sofia openly contradicted Kwame's suggestion to the parents about a curfew plan, and the parents looked confused. What should Kwame do?

- **A.** Ask their supervisor to assign a different co-therapist to the Ramírez family.
- **B.** Talk with Sofia privately after the session about the disagreement.
- **C.** Defer to Sofia's approach for the rest of their work with the family.
- **D.** Address the disagreement openly in the next session so the family can weigh in.

79. After eight years of forensic interviewing at a child advocacy center, Gabriel, an LMSW, says he no longer trusts any adult around his own children, including longtime friends, and believes most people are capable of harming kids. He has no intrusive images or sleep problems, and his work performance remains strong. What does this MOST likely reflect?

- **A.** Countertransference
- **B.** Burnout
- **C.** Secondary traumatic stress
- **D.** Vicarious trauma

80. In a foster care support group, Theo, 10, is asked whether he would return extra change a cashier gave him by mistake. He says, 'The rule is you give it back.' When the social worker asks why, he explains that the store has cameras, so he would get caught and lose his tablet time, but if no one could find out he would probably keep it. According to Kohlberg, Theo's reasoning reflects which level?

- **A.** Preconventional
- **B.** Postconventional
- **C.** Conventional

81. LMSW Bethany at a family service agency notices that clients must complete two nearly identical intake packets, one for the agency and one for its main program, which delays first appointments by about a week. No law or funder requires both packets. The program manager has authority over intake procedures. Which action BEST reflects Bethany's responsibility to her employing agency?

- **A.** Bring the delays to the agency's board at its next open meeting
- **B.** Propose a combined intake packet to the program manager
- **C.** Raise the delays with the county's contract monitor for the program

82. An agency director is comparing studies of two mentoring programs that used similar samples and the same school engagement measure. Both report statistically significant improvements. She wants to know which program produced the larger improvement, not only whether each one worked. Which statistic should she compare?

- **A.** The effect size, such as Cohen's d
- **B.** The statistical power of each study
- **C.** The p-value reported by each study

83. A community clinic develops its own brief depression screening form. It asks about sad mood and sleep problems but includes nothing about loss of interest, hopelessness, appetite or concentration. An LMSW on the quality team is asked to comment on the form. Which concern is MOST relevant?

- **A.** The form lacks face validity
- **B.** The form lacks construct validity
- **C.** The form lacks criterion validity
- **D.** The form lacks content validity

84. Gloria Petersen, 47, has seen an LMSW for 18 months. She met her goals of managing panic attacks and returning to work several months ago and has had no symptoms since. Sessions now consist mostly of chatting about her week. When asked last month and again today, she said she has nothing else to work on but enjoys coming, and her insurance still covers the visits. What should the social worker do?

A. Shift sessions to relapse prevention and keep the current weekly schedule
B. Explore with Gloria whether other concerns could become new treatment goals
C. Raise ending services with Gloria and plan the final sessions together

85. Sun-Hee, an LMSW on a hospital team, sees that a colleague's note in a shared patient's chart lists the wrong discharge address. Transport is being arranged for tomorrow, and the colleague is on shift today. Sun-Hee has write access to all notes on the unit. What should Sun-Hee do?

A. Put the right address in her own note and alert the transport coordinator.
B. Tell the colleague today so the colleague can amend the entry.
C. Amend the colleague's note, adding her own name and the date of the change.

86. Ms. Chen tells a family service social worker that her daughter Ruby, 3½, was fully toilet trained but has begun having daytime accidents since her baby brother was born three weeks ago. Ruby also asks to drink from a bottle again. A pediatrician found no medical problem. Ruby separates easily at preschool, sleeps well and is otherwise cheerful. What is the MOST likely explanation?

A. Separation anxiety triggered by her mother's focus on the baby
B. Temporary regression in response to the baby's arrival
C. An adjustment disorder brought on by the family change

87. Ximena, 10, meets with a school social worker. Before saying more, she asks the worker to promise not to tell anyone what she is about to share. Ximena seems nervous and keeps glancing at the door. What is the BEST response?

A. Explain that most things stay private, but not if someone is hurting her
B. Suggest that she share the secret first with a parent she trusts at home
C. Promise to keep the secret, then explain the limits if she reveals harm
D. Ask what makes the secret hard to share before she decides to tell it

88. Tomás, 15, learned at a medical visit that he has a variation in his chromosomes and internal reproductive anatomy that was not visible at birth. He was assigned male at birth and has always identified as a boy. His mother asks the school social worker which term describes his situation. Which term BEST fits?

A. Transgender
B. Nonbinary
C. Intersex
D. Gender nonconforming

89. A social worker is teaching problem-solving skills to Lena, 35. In early sessions the worker modeled each step aloud with sample problems. Over the last two sessions, Lena has worked through the steps with prompts from the worker and done them well. Which role should the worker take NOW?

A. Model each step aloud again using a new sample problem
B. Let her lead on her own problem, giving feedback afterward
C. Prompt her through each step as she works, as in recent sessions

90. Harold, 76, has always kept a tidy apartment. His building manager calls a senior services agency because over the past week Harold has stopped bathing, left the stove on twice and seems confused about the date. What should the social worker do FIRST?

- **A.** Complete a cognitive screen to measure the extent of his confusion
- **B.** Contact his son to discuss options for a move to assisted living
- **C.** Arrange in-home aide services to help him with bathing and meals
- **D.** Arrange a prompt medical evaluation of these recent changes

91. Using Hollis's psychosocial approach, a social worker at a community mental health clinic helps Arjun, 34, look at why he goes silent and withdraws whenever his partner raises money concerns, and how this resembles his reactions to criticism at work. Which procedure is the social worker using?

- **A.** Pattern-dynamic reflection
- **B.** Developmental reflection
- **C.** Person-situation reflection

92. Andrea Castillo, an LMSW at a tenant advocacy organization, has helped many families facing eviction one at a time. Seeing the same pattern repeat, she organizes tenants to testify with her before the city council in favor of limits on no-fault evictions, which fall hardest on low-income renters of color. Which core value does her testimony MOST directly reflect?

- **A.** Service
- **B.** Human relationships
- **C.** Competence
- **D.** Social justice

93. Diego, 16, screens positive on the CRAFFT during a visit with a school-based health center social worker. He says he smokes cannabis at weekend parties and shows no signs of a use disorder. There are no safety concerns, and center policy and state law allow confidential brief counseling for minors. Which response is BEST?

- **A.** Let him know that his parents will need to be told about his cannabis use.
- **B.** With his permission, explain how cannabis affects the developing brain.
- **C.** Ask what he sees as the pros and cons of use; share risks with permission.
- **D.** Refer him to an adolescent outpatient substance use treatment program.

94. During case review, an LMSW at a family agency describes three situations from her caseload this month and asks her supervisor which one creates a dual relationship under the NASW Code. All three involve her client Mr. Perez, 40, whom she sees weekly for depression. Which situation creates a dual relationship?

- **A.** Mr. Perez has just become the volunteer coach of her son's soccer team
- **B.** She also counsels Mr. Perez's former wife, who is in a custody dispute with him
- **C.** She coordinates Mr. Perez's care with his psychiatrist and probation officer

95. Kim, 46, works with a case manager at a homeless services agency that uses a Housing First approach. She wants help finding her own apartment but declines a referral to substance use treatment. The agency also runs a transitional program that requires treatment. What is the BEST response?

- **A.** Continue the apartment search with her, with no treatment requirement
- **B.** Place her in the agency's transitional program that requires treatment
- **C.** Refer her to a recovery residence that offers housing with peer support

96. During an intake at an outpatient behavioral health clinic, Fatima Haddad, 36, completed the AUDIT at check-in and scored in the low-risk range. In the interview she says she has "only a couple of drinks" a few nights a week. Later she mentions waking up unable to remember how she got home "a few times this month." What is the BEST response?

- **A.** Summarize both statements and ask Fatima to help make sense of them
- **B.** Give Fatima the AUDIT again so her drinking can be measured more closely
- **C.** Ask Fatima to keep a daily drinking log until the next appointment
- **D.** Tell Fatima that memory blackouts are linked with heavy drinking

97. Ana, 33, has just been prescribed clonazepam for panic attacks while she begins cognitive behavioral therapy at a community clinic. She asks her social worker what to expect from this medication and whether there is anything she should watch for. Which statement about her medication is accurate?

- **A.** Stopping it suddenly is generally safe, though some feel dizzy for a few days
- **B.** Regular use can lead to physical dependence even at prescribed doses
- **C.** It usually takes several weeks of daily use before the calming effect begins
- **D.** It is the preferred first-line, long-term treatment for panic disorder

98. In a permanent supportive housing program that keeps naloxone kits on site for residents, Yolanda, 44, who uses fentanyl, asks the social worker whether she can get naloxone 'for my friends, just in case.' She says two people in her building overdosed last month. What is the BEST response?

- **A.** Give her kits from the on-site supply and show her how to use them
- **B.** Let her know that pharmacies sell naloxone without a prescription
- **C.** Suggest her friends get their own kits so each can be trained in using it
- **D.** Ask about her own use and overdose risk before giving her any kits

99. Ryan, an LMSW at a VA outpatient clinic, asks Marcus, a 41-year-old Army veteran, to log his hours of sleep each night for two weeks. They will not begin any sleep-improvement strategies until those two weeks are finished. Marcus asks why he needs to log his sleep during this period. Which explanation BEST describes the purpose of this phase?

- **A.** To capture his typical sleep so later changes can be judged
- **B.** To check whether the sleep log gives consistent results over time
- **C.** To see whether his sleep changes once the new strategies begin
- **D.** To confirm that any gains in sleep last after the plan has ended

100. Frank, 61, is recovering from a heart attack. The nurse tells the hospital social worker that Frank insists his heart is "perfectly fine," has refused cardiac rehab, and plans to return to heavy lifting at his job next week. Which defense mechanism is Frank MOST likely using?

- **A.** Suppression
- **B.** Rationalization
- **C.** Denial
- **D.** Repression

101. Lars, 17, was discharged yesterday after a suicide attempt. During discharge planning, the hospital social worker asks his father to store the family's guns outside the home for now. Mr. Lindqvist objects: "If he really wants to do it, he'll just find another way. Taking the guns won't change anything." Which response BEST answers his concern?

- **A.** "Suicidal crises are often brief, and most people do not switch to another method."
- **B.** "Firearms are involved in about half of all suicide deaths in the United States."
- **C.** "Asking teens directly about suicide does not plant the idea or raise their risk."

102. Kwame, 38, tells a social worker at an employee assistance program that he stays in a job he dislikes because 'I have no choice. My family expects it.' Using an existential approach, which response BEST fits?

- **A.** 'It sounds like your family's expectations leave you feeling trapped.'
- **B.** 'So far you've chosen to stay. What does that choice mean to you?'
- **C.** 'What evidence do you have that your family would reject a new career?'

103. In a supervised private practice, Darnell, 45, notices the social worker glance away about twenty minutes into the session and asks, 'Am I boring you?' The worker realizes that for a moment she had been thinking about a personal worry and had lost track of what he was saying. Which response is MOST consistent with Rogers's condition of genuineness?

- **A.** Ask what he noticed that led him to wonder whether she was bored
- **B.** Tell him she has been listening closely and invite him to go on
- **C.** Note how much time remains and ask what he most wants to cover
- **D.** Say her attention drifted briefly and that she is with him now

104. Keisha, an LMSW on a psychiatric inpatient unit, must tell her team within a week whether peer support specialists reduce readmissions after discharge. Her search returns four sources. The systematic review pooled trials that measured symptoms and medication adherence but not readmission. The randomized trial, done at a unit much like hers, tracked 90-day readmissions. Which source gives her the strongest evidence on her question?

- **A.** A systematic review pooling controlled trials of peer support services
- **B.** A qualitative study of patients' experiences with peer specialists
- **C.** A randomized trial comparing peer support with usual discharge care
- **D.** A national peer support association's guideline on peer services

105. Destiny Clark, 12, is in foster care. Her county child welfare caseworker, who is responsible for her placement and care, asks the school social worker for Destiny's attendance and grade records to prepare for a court review. Destiny's birth parents keep their parental rights but have not signed a release. Which response BEST reflects FERPA?

- **A.** Provide the records, since FERPA allows disclosure to the agency responsible for her care
- **B.** Request a court order first, since the birth parents still hold their FERPA rights
- **C.** Ask the birth parents to sign a release, since they retain their parental rights
- **D.** Send attendance records now and hold grades until a parent signs a release

106. The director of a home care agency asks a social worker to address high turnover among home health aides. Leaders believe aides leave because of low pay, but a wage review last year showed the agency pays at the regional median. Exit interviews have not been reviewed, and no current aides have been asked. What should the social worker do FIRST?

- **A.** Survey supervisors about why they believe so many aides have been leaving
- **B.** Compare the agency's aide wages with current regional pay data
- **C.** Review exit interviews and ask current aides why staff are leaving

107. Arturo Mendes, 60, takes phenelzine, an MAOI. During a home visit he tells the case manager he ate a large plate of aged salami and cheese at a party an hour ago. He now has a pounding headache, a stiff neck and a racing heart, and he looks flushed. His prescriber's office is open, and he asks whether he should just call them. What should the case manager do?

- **A.** Call 911 or arrange emergency care for him right away
- **B.** Help him phone his prescriber's office now for advice
- **C.** Have him rest and recheck his symptoms in thirty minutes

108. Kofi Mensah, 29, begins a 12-session contract with a social worker at an employee assistance program to address work stress and sleep problems after a promotion. In the first session they are setting goals, and Kofi says he hopes to 'feel normal again pretty fast.' When should the social worker FIRST raise the topic of ending services?

A. When he brings up the topic of ending services on his own
B. Now, as part of the contract, and again as the end nears
C. In the final session, so that he does not feel rushed earlier
D. In the next-to-last session, once the goals have been reached

109. A social worker in a reentry program reviews a recording of her intake with Dante Morales, 41. She notices she asked, "How are things going with your housing and your parole officer?" and that Dante talked only about housing. What is the MOST likely explanation?

A. The question was closed, so it limited Dante's response
B. The double question let Dante choose which part to answer
C. Dante is avoiding the subject of his parole officer
D. Dante did not understand the purpose of the intake interview

110. Kenji and Priya married eight months ago after each had lived on their own for several years. They have no children. They tell a social worker at a family service agency that they argue about which family to visit on holidays, how often to call their parents, and whose traditions to follow at home. Both say they love each other. What is the MOST likely explanation for these conflicts?

A. They are still completing the young-adult task of separating from their families
B. They are forming a couple system and realigning ties with both families
C. They are working through the task of accepting new members into the family

111. A social worker at a family service agency begins work with the Osei family, who describe tension among relatives that 'has always been there.' The mother mentions that her own mother and grandmother also cut off siblings after disputes, and the father mentions recurring drinking problems among the men on his side. The worker wants to map these patterns. Which tool is MOST useful?

A. A social network map
B. An ecomap
C. A genogram
D. A family sculpture

112. To attract new clients, the owner of the group practice where Hyun-woo Kim, an LMSW, works proposes advertising that the practice will 'waive all copays' for every client, while continuing to bill insurers its full fee for each session. Which concern is MOST significant?

A. Waiving copays could lead clients to value their therapy sessions less
B. Routinely waiving copays misrepresents the actual fee charged to insurers
C. Advertising a practice's fee policies to the public is barred by the Code

113. Mr. Haidari, 67, resettled from Afghanistan eight months ago. He has stable housing, enough food, health coverage and a safe neighborhood. At a refugee resettlement follow-up visit, he tells the social worker that his days are empty because he knows no one nearby, misses praying with his old community and has no friends to visit. According to Maslow, which level of need is MOST pressing for him now?

A. Safety
B. Love and belonging
C. Self-actualization
D. Esteem

114. A social worker with a home-delivered meals program visits Edna Walsh, 84. Her refrigerator is nearly empty, and she says her nephew 'handles the money' and recently bought himself a new car with her help. Mrs. Walsh says she is fine and does not want to cause trouble. The program is in a state where social workers are mandated reporters of elder abuse. What should the social worker do?

- **A.** Report the suspected financial exploitation to adult protective services
- **B.** Ask Mrs. Walsh for permission to talk with her nephew about her finances
- **C.** Respect her wish to avoid trouble and schedule more frequent home visits
- **D.** Refer her to the senior center's money management program for budget help

115. Hospital records show that Aiden, 4, has had repeated admissions for unexplained vomiting and fevers that resolve during stays when his mother is absent and recur when she visits. His mother, a former medical assistant, is described as devoted and knowledgeable and requests more tests. Which explanation should the team MOST seriously consider?

- **A.** Factitious disorder imposed on another
- **B.** Somatic symptom disorder in the child
- **C.** Illness anxiety disorder in the mother
- **D.** Cyclic vomiting syndrome not yet diagnosed

116. Bernard, 50, arrives for an outpatient intake visibly intoxicated, slurring his words, and says he wants to sign all the consent forms so he can get started. A quick check shows he is not in medical danger. What should the social worker do?

- **A.** Postpone the consent discussion until he is able to understand it
- **B.** Review the forms slowly in plain language and have him sign today
- **C.** Have him sign now and review the forms again at his next visit

117. An LMSW notices that she has postponed discussing termination with Elena Popescu, 35, whose goals were met two months ago. Elena is warm and engaged, and the worker enjoys their sessions. Elena has not raised the topic of ending. What should the social worker do?

- **A.** Continue sessions, since Elena is benefiting and has not asked to end
- **B.** Ask Elena whether she wants to keep meeting and follow her preference
- **C.** End services at the next session, since continuing has served the worker
- **D.** Explore the worker's own reluctance in supervision and plan termination with Elena

118. Ms. Varga, 46, lost her home and her pets in an apartment fire five days ago. She is staying with a cousin, is functioning poorly, and says she cannot think straight. A crisis social worker is drafting a service plan based on crisis theory as developed by Caplan. Which planning assumption is MOST consistent with that theory?

- **A.** Plan intensive contact for three days, after which the crisis will have passed
- **B.** Plan brief, focused contact over several weeks while the acute crisis resolves
- **C.** Plan weekly contact for six months, since an acute crisis usually lasts that long

119. Gerald, 79, cares for his wife, who has advanced dementia. During an aging services home visit he says he is exhausted, mentions that he owns a pistol, and adds, 'When I can't do this anymore, I won't leave her behind.' What should the social worker do FIRST?

- **A.** Ask Gerald directly whether he has thought of ending his life and hers
- **B.** Arrange in-home respite care this week so that Gerald can rest
- **C.** Report the household to Adult Protective Services for neglect
- **D.** Complete a caregiver burden scale to measure the strain he is under

120. Jamal Hughes, 19, has autism and receives special education services that will end in about two years. He wants to work at a grocery store and live near his parents, and he makes his own everyday decisions. His IEP transition plan has not been updated since he was 16, and his parents say they have not thought about life after school. What should the school social worker do?

- **A.** Refer Jamal to vocational rehabilitation for help finding grocery work
- **B.** Help Jamal and his parents update his transition plan for work, living and benefits
- **C.** Give his parents a list of adult disability agencies and benefit programs
- **D.** Help his parents look into guardianship before he finishes school

121. A social worker leading a weekly support group for teens at a youth center notices that three members talk mostly to one another, while two members are rarely addressed by anyone. Before the next session, she wants a diagram that shows who is drawn to whom and who is left out, so she can plan how to involve the isolated members. Which tool BEST fits this purpose?

- **A.** An ecomap of each member's outside ties
- **B.** A sociogram of member interactions
- **C.** A genogram of each member's family

122. Andre, 8, has been diagnosed with leukemia. His parents ask the hospital social worker to help explain upcoming treatment to him. Which approach BEST matches his likely level of cognitive development?

- **A.** Give a short scientific explanation of how chemotherapy affects cells
- **B.** Wait to explain until treatment starts so details feel less frightening
- **C.** Use drawings and real objects to show step by step what will happen
- **D.** Talk through possible outcomes and let him reason about each scenario